

FOOTBALL

It has been a fantastic year for football at AVS. Our school won 2 out of 3 IPSC tournaments. The U-14 boys faced tough competition in the Semi Finals but managed to equalize and win in penalties, securing a spot in the finals where they triumphed with a 1-0 score. The U-14 girls also excelled, winning the IPSC tournament hosted at our school. The U-17 boys secured third place in the IPSC U-17 tournament. This year's success has motivated our players to strive for more, and they are working hard for upcoming events.





Football U-17 (Boys)

Standing Row 2 (L to R): Yangmongse Sangtam, Jasraj Thockchom, Takhe Haaro, Ruunchung Moyon, Sudepta Gogoi, Nengker Nobin, Ritudeep Deka

Standing Row 1 (L to R): Vedaraj Heikrujam, Woto Sema, Kangtum Phassang, Matthias Lamin, Vikika Chophi, Hanggoulal Haokip, Varun Barua

Seated (L to R): Nabadeep Deka, Mr. Sanjay Kumar Pathak, Mr. Jamlamthang Hangzo, Khachun Kailai Ngandam, Gungming Phassang





Football U-14 (Boys)

Standing Row 2(L to R):

Tayu Natung, Mangming Toko, Rangkam Sonam,
Vedant Bajaj, Gitartha Rabha, Kunal Borah,
Bhumsa Daimari, Moilung Ngonyen

Standing Row 1 (L to R):

Alvert Thockshom, Tage Lahye, Techi Lonam, Tayar Doni,
Nafees Kakati, Joram Chagam, Atova Ahozhe.

Seated (L-R):

Suchan Malik, Uttam Pukhrambam,
Mr Sanjay Kumar Pathak, Mr. Jamlamthang Hangzo,
Khachun Ngandam.



Football (Girls)

Standing row 3 (L to R):

Prapti Prarthona, Nazifa Noorine, Atoliu Jakhalu,
Jovita Oinam

Standing Row 2 (L to R):

Raisah Yesmin, Nivriti Borah, Meya Yangfo, Adrika Dey,
Priyanka Narzary, Amania Sangma, Chello Mwji,

Standing Row 1 (L to R): Eeksha Saikia, Saphiana Swargiary,
Bhumshri Basumatary, Myra Karki, Ngaoveine Sha,
Ashlee Mutum, Anoushka Singh

Seated (L to R): Sungtiben Jamir, Lomika Benjamin,
Mr. Sanjay Kumar Pathak, Mr. Jamlamthang Hangzo,
Bhavini Tanwar



ARCHERY



Standing Row 3 (L to R): Athouba Sarangthem, Gaurish Saikia, Tanveer Chowdhury.

Standing Row 2 (L to R): Shivangi Kashyap, Naisha Gogoi, Leah Chophi, Gaurisha Saikia, Sotile Seb, Lilovi Sema, Kuvutoli Zhimomi

Standing Row 1 (L to R): Shirin Jaiswal, Kimeri Patton, Vedika Baheti, Bastab Borah, Lendimen Jamir, Hansika Agarwal, Mahi Choudhary.

Seated (L to R): Shuhail Ahmed, Anoti Kinimi, Mr. Sanjay Kumar Pathak, Yuvraj Thounoujam, Bariskem Pohti





The Assam Valley School introduced Archery in 2002 and since then, the interest in this sport among students has been steadily growing. Every year, an Inter-House Archery competition is organised, with over 45 participants aiming to make their House proud. Currently, AVS archers are preparing for the upcoming IPSC Archery Competition scheduled for October 2023.



TABLE-TENNIS

Table-Tennis, also known as ping pong, is a thrilling and fast-paced sport that has gained popularity in this school over the years. It is a game that can be enjoyed by people of all ages and skill levels, making it a great choice for both recreational play and competitive tournaments. With its simple rules and minimal equipment requirements, all you need is a table, a net, a ball, and a pair of paddles to get started. Our school hosts Inter-Houses annually where players compete in different categories like singles, doubles and mixed doubles.



Standing Row 3 (L to R): Ayush Mantri, Karan Gam, Hemansh Goenka

Standing Row 2 (L to R): Suyash Bukredia, Vanshika Sharma, Srishti Bajaj, Shambhavi Jindal, Tanushree Hazarika, Abhishree Keshari, Hana Ahmed

Standing Row 1 (L to R): Ryan Chingapa, Ansala Phurailatpam, Emidaka Rapsang, Darsh Sharma, Harsita Baral, Amasa Sangma, Deubale Meru

Seated (L to R): Sungjemyala Jamir, Mr. Ridip Mahanta, Mr. Sanjay Kumar Pathak, Shavya Shrestha, Sujanveer Aatria



MARATHON

The marathon at AVS is one event that has always been fiercely contested with house spirit coming to the fore. The 24th Inter-House Marathon was no different. The exciting event was held on March 31, 2023, with extensive student participation. The competition showcased the students' dedication and determination in their respective categories. Experienced long-distance runners were seen around campus pushing their limits to enhance their speed and endurance, while novice runners were determined to make their mark. This event exemplified the commitment of both the participants and the organizers, highlighting the significance of physical fitness and fostering a culture of sportsmanship within the school community. Kopili-Dhansiri ran away with





the first position, Subansiri-Namdang claimed the second spot and Jinari-Manas earned third place. These rankings reflect the arduous efforts invested by the participants and the meticulous planning and execution by the organizers. The Assam Valley School's dedication to fostering a culture of sport and physical prowess is commendable, as it not only encourages healthy competition but also cultivates values such as discipline, perseverance, and teamwork.



TAEKWONDO

Taekwondo is a Korean martial art renowned for its powerful kicks and emphasis on discipline. It promotes physical fitness, mental focus, and respect. Recently introduced in our school's athletic programme, Taekwondo has garnered significant interest among students, who have shown remarkable progress and dedication.

Alongside self-defence techniques, they are instilled with the values of discipline and respect, contributing to their holistic development. This accomplishment highlights the effectiveness of Taekwondo in fostering personal growth and character building. By integrating Taekwondo into our curriculum, our school has provided students with an avenue to develop physical prowess, mental resilience, and a sense of respect for themselves and others.

In the IPSC Taekwondo tournament of 2023, our students showcased their skills and emerged victorious, demonstrating their commitment, hard work, and unwavering spirit.

Achievements of boys:

Gold Medal:

Piyush Paul,

Bhabarnab P.N.Sandalya,

Bornil Phukan and Tanishk Sharma

Bronze Medal:

Kavish Agarwal and

Nilav Prajapati

Achievements of girls:

Gold Medal:

Suvechha Borah

Silver Medal:

Dweepanneeta Nath, Misna Sarangthem

Bronze Medal:

Monsum Chutia, Sneha Ngangom

Students selected for SGFI GAMES

1. Bhabarnab P.N. Sandalya

2. Piyush Paul

3. Bornil Phukan

4. Tanishk Agarwal

5. Suvechha Borah



Standing Row 3 (L to R): Bornil Phukan, Tanishk Sharma, Jsrani Thokchom, Drengo Mihu, Anushka Jitani

Standing Row 2 (L to R): Misna Sarangthem, Spriha Kashyap, Kanyaka Tamuli, Purrbari Sonowal, Shagufta Safi, Jestina Kalita, Sneha Ngangom

Standing Row 1 (L to R): Dweepanneeta Nath, Pradanya Kashyap, Ayushi Mazumder, Aradhya Baruah, __, Osen Tok

Seated (L to R): Kavish Agarwal, Piyush Paul, Mr. Sanjay Pathak, Mr. Jayanta Kalita, Varun Barua



SWIMMING

Swimming is a team or an individual sport that involves full body movement in water from head to toe. The school offers a variety of distance events in the butterfly, backstroke, breaststroke, freestyle, and individual medley strokes. Although the annual Inter-House swimming competition could not be conducted this year due to a few unavoidable circumstances, different time slots were allocated to the students for sports instruction and specialization. All of the pupils attended their practice sessions on time and worked hard. In the upcoming years, we hope to see this sport develop even further.



Standing Row 3 (L to R): Uddipta Baruah, Rohit Sharma, Bornil Phukan, Tanishk Sharma, Drishan Bora, Arshpreet Dahal, Nabajyoti Hazarika
Standing Row 2 (L to R): Nivran Thapa, Siddhant Singh, Pragyan Kalita, Manas Jain, Vaibhav Baheti, Prabhsimrat Singh, Kelden Rigsang, Avikam Bharali
Standing Row 1 (L to R): Eshaan Beria, Tenzin Dekie, Krishna Agarwal, Pranhita Jain, Remeeya Mithi, Prisha Saikia, Prapti Prarthona, Tanveer Chowdhury
Seated (L to R): Shavya Shrestha, Mr. Jayanta Borah, Mr. Sanjay Pathak, Sujanveer Atria, Neel Garodia



RIDING



Standing Row 3 (L to R):
Kritartha Koushik, Hemansh Goenka,
Abhigyan Sarkar,

Standing Row 2 (L to R):
Mrinmay Kalita, Dibakar Singha,
Rudrakshi Bharadwaj,
Mebaman Kharlyngdoh,
Babli Kanwar, Injamul Rahman

Standing Row 1 (L to R):
Kartik Dudheria, Atreya Das,
Chello Jangkam, Purab Deka,
Agastya Jaju, Shannia Riddi,
Priyanka Narrzary

Seated (L to R):
Karmin Bam, Violina Boruah,
Mr. Sanjay Kumar Pathak,
Mr. Jalam Singh,
Karan Gam



BASKETBALL



Basketball (Boys)

Standing Row 4 (L to R) :
Mrinmoy Sonowal, Aviraj Basumatary, Dagba Angu,
Devaraj Chongtham, Nathan Hajarimayum

Standing Row 3 (L to R) :
Rukben Dulom, Nuhang Chamling, Malo Joram,
Chennai Chang, Kunal Agarwal, Rompiti Patton,
Devansh Gupta

Standing Row 2 (L to R) :
Kapish More, Gangte Sangno, Richie Konthoujam,
Naitik Bhilwaria, Piyush Goduka, Rupraj Borgoyary

Standing Row 1 (L to R) :
Henba Nameirakpam, Ikalu Ahozhe, Suryansh Gupta,
Tejas Gupta, Jaagrit Agarwal, Kushal Thounaojam,
Imchalong Longchari

Seated (L to R) :
Uddipta Baruah, Theja Rio, Mr. Kunal Gupta,
Mr. Sanjay Pathak, Mr. Rajiv Doimary,
Ryan Chingapa, Mr. Devesh Prajapati



Basketball (Girls)

Standing Row 2 (L to R) :
Atoliu Jakhalu, Jyoti Liyak, Visizonuo Rio,
Rinie Taipodia, Kenyir Apang

Standing Row 1 (L to R) :
Sulimi Zhimomi, Deubale Meru, Aakriti Chaliha,
Ashlee Mutum, Saphiana Swargiary, Vini Chophi

Seated (L to R) : Shruti Dutta, Mr. Kunal Gupta,
Mr. Sanjay Pathak, Mr. Rajiv Doimary,
Mr. Devesh Prajapati

