

The embodiment of perseverance is the hallmark in the legacy of Manas House as well as each one of the Manasites. This House is one of the oldest boarding houses and has grown with the school, synchronising itself to produce alumni of eminence and stature. Traditions are the building blocks in the lifestyle of the boys in Manas. The Red hearts beat with courage, determination, grit and dignity. These qualities hold true for Manas boys through books and fields. From kicking a ball to hooping it, from oratory to singing, all resound one quality, that is, 'Perseverance'. Despite almost two years of unforeseen virtual existence in the school campus, Manas is on a bold and strong rebound, brimming with renewed confidence. Having won the prestigious R. B. Magor Trophy for three consecutive years, Manas remains proud yet not arrogant, dedicated yet not flamboyant, sophisticated yet not cold. As Manasites bless the Red spirit with their passionate persevering selves, the legacy of Manas lives on, nonpareil.

#### SCHOOL COLOURS:

Kaustav Garg

Shubhajeet Dasgupta

Aarav Jain

#### INTER- HOUSE EVENTS:

Inter-House Badminton 1st

Inter House Archery 1st

Inter House Volleyball 1st

Inter House Basketball 1st

Inter House Table Tennis 1st

Inter House Lower School Hindi Debates 1st

Inter House Lower School Quiz 1st

Inter House Upper School Hindi Debates 1st

Inter House Chess 2nd

Inter House Music 2nd

Inter House Upper School English Debates 2nd

Inter House Upper School Quiz 2nd

#### INDIVIDUAL ACHIEVEMENTS:

Utkarsh Jajodia: High Commendation- IIMUN - Lok Sabha

Raghav Agarwal: Best Delegate - IIMUN, Lok Sabha High Commendation - BVC, MUN - Joint Parliamentary Committee

Harshit Sharma: IPSC Visual Arts Fest 2022 - Jury's Choice Award in String Art

Changkham Phukan Recorded and released an Assamese modern song



# LOHIT



Kneeling (L to R): Medhansh Tibrewal, Gitartha Rabha, Kartik Dudheria, Angshuraj Deb, Debangsh Roy, Akshaj Chowdhury, Mwnthai Swrang Brahma, Nivaan Lal Baruah, Ronit Borah, Sugash Bukredia, Athouba Sarangthem, Gaushikraaj Langthasa, Jivitesh Agarwala, Bamang Jumin Bamang, Tanay Pansari

Seated (L to R): Mr Bijan Panigrahi, Mr Jalam Singh, Mr Rajen Bharali, Mr Devesh Prajapati, Mr Anil Kumar Yadav, Mr Devanga Bidrom Kalita, Mrs Nomita Huidrom, Mr Biswajit Baglary, Mr Amritz Singh Huidrom (Housemaster), Mr Prem Kumar Singh (Housemaster), Mr Subhash Chand, Mrs Janet Bharadwaj, Mr Bhola Prasad, Mr Manoj Hazarika, Mr Taufiqu Alam Ansari, Mr Rahul Pareek, Mr Backianthan Moses Herick

1st row standing (L to R): Subham Maheswari, Nuklasen Aier, Neilginryan Das, Sarvagya Kasera, Harsheet Das, Abhigyan Prakash, Prabhsimrat Singh, Nyiga Toko, Imlinur Jamir, Jamyang Khochilu, Tanush Gattani, Madhurjya Madhab, Nirav Marwah, Chayank Haloi, Siddhant Singh, Kritarth Banik, Saanchit Agarwal, Hrishikesh Deka, Dibyanshu Agarwalla, Manas Jain, Vibe Hukavi Zhimomi, Rishit Karnany, Taka Dodum, Aryan Agarwal

2nd row standing (L to R): Temjenkar Kichu, Aviraj Basumatary, Devansh Agarwal, Rajvir Singh, Aditya Agarwal, Chenmai Chang, Gaurish Saikia, Kunal Agarwal, Rajjyoti Talukdar, Avikam Deori Bharali, Geet Gariash Saikia, Aninda Raj Konwar Borah, Rudrayan Haloi, Krishang Choudhary, Siddharth Kumar Gupta, Saksham Sharma, Woto Z. Wotosa Sema, Henba Nameirakpam, Suchan Malik, Dagba Angu, Rukben Dulom

3rd row standing (L to R): Pratik Kanoi, Krishnam Aagrwa, Theja Rio, Manas Keleng, Nivisha Malik, Yash Agarwal, Rupraj Borgoyary, Arshpreet Dahal, Ritu Deep Deka, Takhe Tamo Haaro, Karmin Bam, Vedaraj Heikrujam, Pritam Tribedi, Bishal Agarwalla, Aditya Kholi, Jasraj Thokhom, Naba Deep Deka, Chirag Agarwalla, Aditya Panigrahi, Mudit Jain, Mrinmoy Sonowal, Nathan Hajarimayum

4th row standing (L to R): Nokaulong Angh, Bensolo Seb, Parakh Pratim Saikia, Khyojamo Ezung, Abhitej Singh Gill, Ojas Krish Venkatesh Ayapilla, Shrey Modi, Bishal Kumar Dey (House Captain), Jikke Kikum, Aayush Agarwal, Grishm Ghosh, Tanish Hansaria, Calvin Irom, Donovan Figg, Aditya Pradhan, Hayishan Odyuo





**L**ohit House is one of the oldest houses in The Assam Valley School. The house has completed 27 years of existence and stands out amongst others houses in achievements in cultural, academic, pastoral and sporting pursuits year on year. Lohitians hail from different parts of the Northeast, other states, Bangladesh, and Dubai. It is a mini cosmopolitan within the school. First Deserve then Desire—the house motto embodies every Lohitian in every facet of his life. Each Lohitian is not one to laze around complacently; instead, Lohitians are always known to keep working, persevering and striving to improve themselves. Nothing comes to a Lohitian easy; we all work for it and deserve the fruits of our arduous labour.

#### SCHOOL COLOURS:

Kaustav B. Arya  
Luqmaan Ahmed

#### INTER-HOUSE EVENTS:

Inter-House Upper Quiz 1st  
Inter House Lower School Art 1st  
Inter House Upper School English Debates 1st  
Inter House Music 1st  
Inter House Clay Modelling 1st  
Inter House Mural 2nd  
Inter House Squash 2nd  
Inter House Badminton 2nd  
Inter House Chess 2nd  
Inter House Dance 2nd  
Inter House Movie Making 2nd  
Inter House Product Design 2nd  
Inter House Lower school English Debates 2nd

#### INDIVIDUAL ACHIEVEMENTS:

Donovan Figg: High Commendation IIMUN  
Ojas Krish Venkatesh Ayapilla: High Commendation IIMUN  
Tanish Hansaria: High Commendation IIMUN



## DHANSIRI



Kneeling (L to R): Kyrpang Jason Phawa, Krishanu Seram, Benjamin Maxim Macdonald, Arnav Agarwal, Alvert Thockshom, Niraan Adi, Purab Deka, Junet Sonar, Lehmo Mihu, Agastya Jaju, Atova Ahozhe, Kriday Jajodia, Armaan Jindal, Suryansh Gupta, Azom Anzar Ali

Seated (L to R): Gaurav Kumar Beria, Mr Sanjay Kumar Pathak, Mr Bijit Kumar Das, Mr Harinarayan Baruah, Mr Sazid Zaman Ahmed, Mr Maitreya Rajan Mahanta, Mrs Lipika Borah, Mr Amalmani Sarma (Housemaster), Mr Vivek Kumar (Housemaster), Mrs Jyoti Sharma, Mr Monjit Roy, Mr Sabir Ansari, Mr Dulu Dutta, Mr Niranjan C. Samaddar, Mr Neeraj Kumar, Mr Sanjay Kumar Dixit, Jeevesh Agarwal (House Captain)

1st row standing (L to R): Keshav Sultania, Dhruv Nahata, Saloma Sonam, Kagam Techhi, Mrinmay Kalita, Ayan Kumar Saha, Farhad Mustak, Kingshukban Das, Drengo Mihu, Liki Kambu, Dasannaki Lyndem Bareh, Gumin Bote Dai, Rian Subedi, Eshaan Beria, Hemang Agarwal, Tushar Malik, Injamul Rahman, Naitik Bhilwaria, Cheansal Agitok Sangma, Vaibhav Kumar, Vikika Khekiye Chopfi, Abhilash Parashar, Soham Agarwal, Taku Soh, Regan Toko, Ikalu Ahozhe

2nd row standing (L to R): Angad Kashyap, Nengker Nobin, Thsachili Sangtham, Ryan Dorjee Chingapa, Abhinav Agarwal, Piyush Paul, Imchalong Longchari, Nihal Agarwal, Sachin Jaiswal, Tanveer Alom Chowdhury, Eshan Maheshwari, Anuran Paul, Tejash Jain, Kumghato Chowdhury, Rihansh Jalan, Imsor Longkumar, Bhabarnab Pran Nath Sandilya, Arhan Sharma, Karan Ngatey Gam, Nuhang Chamling, Anshul Kumar Prasad, Krishay Sethi

3rd row standing (L to R): Rohit Sharma, Krisht Kashyap, Kalzang Ongchuk Bhutia, Ishaan Deb, Devansh Gupta, Pranjal Jaiswal, Ayaan Harlalka, Sudepta Gogoi, Abu Hubaira Sodial, Bishal Debnath, Samaksh Goel, Devesh Periwal, Oyimpong Jamir, Yangmongse N. Sangtam, Varun Seth, Krishalaj Hazarika, Hriday Chokhani

4th row standing (L to R): Kushagra Dhelia, Mohammed Suhayb Ahmed, Aryaman Bajaj, Divyaj Agarwal, Yash Vardhan Agarwalla, Anguvika Zhimo, Ayush Das, Yuvraj Sureka, Arman A Imdad, Ahamed Daiyan Alam, Kohrodi N Sangtam, Akum Raskam Marak, Hrideek Choudhury, Bishal Medhi, Keshav Bhati





“To strive to seek and never give up” is the motto of Dhansiri and as lions, do their best to stand by this motto whenever they can, be it academic, cultural or sporting activities or even in day-to-day life situations. The beauty of this house lies in the fact that it has the unique ability to bring people from diverse backgrounds and use their capabilities to the fullest to further enrich the house. As a house, one thing we are proud of is our unity. We support one another and stand shoulder to shoulder with fellow housemates through all difficulties that come our way. Over the years and numerous classes that have prospered in this house, our seniors have only spread this one message to the entire house, “Don’t only run after awards and trophies, but also try to have fun and create as many fond memories as you can..”

#### SCHOOL COLOURS:

Sourav Khodal

#### INTER- HOUSE EVENTS:

Inter-House Marathon 1st  
 Inter House Basketball 1st  
 Inter House Hindi Upper School Debates 2nd  
 Inter House CDT 2nd  
 Inter House Chess 1st

#### INDIVIDUAL ACHIEVEMENTS:

Bhabarnab Sandaliya: Assam Olympic Taekwondo (Silver)  
 Akum Marak: IPSC Art and Design (Future Generation Award in Portrait Drawing) (Creative Art Award in Outdoor Landscape)  
 Baibhav Sharma: International Cultural Conclave, Dubai (Duet Modern) 1st Prize



## NAMDANG



Kneeling (L to R): Naman Agarwala, Chera Raka, Aditty Ghosh, Sujoy Das, Atreya Joy Das, Dhananjay Thingujam, Nafees Hussain Kakati, Pezavi Rio, Keshav Pandia, Om Agarwala, Raghav Agarwalla, Rangkam Sonam, Lizonthung Ezung, Ayan Saikia, Tayu Natung

Seated (L to R): Pratyush Basistha (House Captain), Karleen Tok, Mr Tapash Das, Mr Minto Borah, Mr Mohammad Aziz, Mrs Moushumi Talukdar, Mr Maitreya Rajan Mahanta, Mrs Jyoti Sharma, Mr Samuel Daniel David (Housemaster), Mr Siddharth Bathla (Housemaster), Mrs Lipika Pathak, Mr Monjit Roy, Mrs Barnali Baruah, Mr Pawan Pal, Mrs Rimjhim Ghosh Pyne, Mr Thajeb Ali Hazarika, Jaskeerat Singh

1st row standing (L to R): Martet Basar, Tanveer Ahmed, Memanmipua Symblai, Sanchit Ruthia, Advik Mittal, Krish Mahajan, Arnab Sharma, Moilung T Ngonyen, Archan A Bailung, Rayaan Agarwal, Taj Taranga Saikia, Vivaan Agarwalla, Mebaman Kharlyngdoh, Jeffrey Dkhar, Laditya Keshan, Nishanta Bora, Matthias Lamin, Gungming Phassang, Nangram Reyin, Priyam Bagaria, Matthew Vanmalsawmsanga, Ivanan Shandiya, Rishabh Ghosh, Kelden Rigsang, Arihant Ghorawat, Harshil Beriwal

2nd row standing (L to R): Krishna Agarwal, Samarth Mahatta, Swadheen Banerjee, Dhruv Prithani, Veeraj Goswami, Aditya Gargo, Ajithe Vusshe, Kaustav Dutta, Aareen Agrwal, Abhigyan Roy Sarkar, Vhiren Chopra, Neel Madhav Garodia, Bhumika Ranjan, John Jakhalu, Nivran Jung Thapa, Anikaith Anant Joshi, Shuhail Ali Ahmed, Saksham Jain Benjamin, Saurav Manta, Kaezax Kholio, Aarnav Dutta, Kemo Dulom

3rd row standing (L to R): Shaurya Kumar Chaurasia, Karma Teli, Garv Kedia, Prithviraj Paul, Biida Karbak, Mohak Kejriwal, Bornil Phukan, Sivadutta Thangjam, Adhyaan Pareek, Nabajyoti Hazarika, Debangan Nath, Rangdou Jeremiah Houmai, Himanshu Goenka, Murari Mohan Saha, Siddhanth Poddar, Kapish More, Prameya Saha

4th row standing (L to R): Aaryan Singh, Aditya Kumar Upadhyaya, Yash Raj Agarwal, Sahil More, Archit Ruthia, Dukkir Ete, Darsh Agarwalla, Chinmoy Tamuli, Shivraj Daimary, Ritesh Baruah, Luvish Sharma, Dev Agarwal





Spartans, as we, the Namdang fraternity call ourselves, exhibit unity beyond compare and strong bonds in their day to day living. We put our heart and soul into every single competition and believe that it is not always about the results but the process. True to its motto, “Dare to Excel”, we persevere in trying out new things and becoming proficient in the things we have already learnt. The tutors’ sense of belonging and passion towards the house is evident in the manner they carry out their responsibilities in caring for the well-being of the boys. The boarding house culture at AVS imparts discipline in all aspects and Namdang is no different. The boys learn basics like making their beds, keeping their space neat and clean, appropriate attire, dining and social etiquette and communicating with peers and elders with respect. In future years, we hope the house continues to live in harmony and enjoy the warmth which it always possesses.

#### SCHOOL COLOURS:

Vasumann Lohia

#### INTER-HOUSE EVENTS:

Inter House Movie Making: 1st

Inter House Dance: 1st

Inter House CDT: 1st

Inter House Squash: 1st

Inter House Football: 1st

Inter House Lower School English Debates: 1st

Inter House Lower School Hindi Debates: 2nd

Inter House Marathons: 2nd

Inter House Volleyball: 2nd

Inter House Cricket: 2nd

#### INDIVIDUAL ACHIEVEMENTS:

Anikaith Anant Joshi: IPSC Art and Design (Award for Excellence), IAYP Silver medal

Krishna Agarwal: IPSC Art and Design (Award for Excellence)

Jaskeerat Singh: IPSC Music Gold medal



# JINARI



Seated (L to R): Lavanya Jindal, Sampada Malpani, Mrs Debolina Bakshi, Dr Pooja Jain, Mrs Torali Baruah, Dr Alpana Dey (Housemistress), Mrs Jilpa Bhutia, Dr. Parinita Goswami, Mrs Dayita Bira Datta, Chesta Nowal (House Captain), Kekhriesino Meyase

1st row standing (L to R): Shambhavi Jindal, Shruti Dutta, Purrbasri Sonowal, Anoti Kinimi, Fariha Zaman, Selene Epao, Aakriti Chaliha, Arushi Mittal, Vania Singh, Zaheen Rafia Shah, Alfisaria Umdor, Shagufta Safi, Siddhi Gupta, Manasvi Agarwal

2nd row standing (L to R): Dhvani Deorah, Biswapriya Soram, Mayushka Patodia, Tasmin Yushra Ahmed, Kankana Ritu Saikia, Ojasvi Agarwal, Priashi Khakholia, Babli Kanwar, Gaurisha Saikia, Siddhi Pathak, Ila Gupta, Kashvi Kejriwal, Vidhi Choudhury

3rd row standing (L to R): Supriya Boro, Anushka Adhikari, Sarai G Momin, Claudia N Marak, Riiriti Odellia Lato Sohliya, Suhani Agarwala, Tenzin Peldon Thungon, Barsha Goel, Chumki Biswas

4th row standing (L to R): Awanya Jasrasaria, Aakanksha Kumar, Manvi Agarwal, Trisha Sisodia, Pratiksha Choudhury, Tanisha Singh Sisodia





The elegance, the boldness and the word 'Perseverance' has always been the belief and religion, something that Jinarians are defined by and something in which they take utter pride and joy. The red is the vibrant warm colour that induces vitality and stimulates energy. The bright red of their jersey therefore signifying "passion and victory" is well engraved in the heart and mind of every Jinarian.

Jinari House, the winner of the R.B Magor trophy for three consecutive years, believes that it is guided by its motto of 'Perseverance' and the traits of the majestic creature of this house the 'wolf'. The girls promise to walk out of the massive gates of the school with their heads held high, carrying the pride and honour of being a Jinarian for the rest of their lives.

#### SCHOOL COLOURS:

Sanjana Barooah

Trinayana Saikia

#### INTER-HOUSE EVENTS:

Inter House Lower School Quiz 1st

Inter House Archery 1st

Inter House Basketball 1st

Inter House Lower School Hindi Debates 1st

Inter House Murals 1st

Inter House Badminton 1st

Inter House Volleyball 1st

Inter House Upper School hindi Debates 1st

Inter House Table Tennis 1st

Inter House Upper School English Debate- 2nd

Inter House chess 2nd

Inter House music 2nd

Inter House squash 2nd

Inter House Product Design 2nd

Inter House Upper School Quiz- 2nd

#### INDIVIDUAL ACHIEVEMENTS:

Sampada Malpani: International Cultural Conclave, Dubai (Duet Modern) 1st prize

Riiariti Odelia Lato Sohliya: Best Delegate, IIMUN





# BHOROLI



Seated (L to R): Adella Florette Massar, Hiyaneijemmy Das, Hemadri Purbi (House Captain), Mrs Tamanna Seth, Mrs Lipika Borah, Mrs Meenakshi Baruah Das (Housemistress), Mrs Jilpa Bhutia, Mrs Indra Rao Mahanta, Ms Gitali Moran, Tanisha Surana, Angie Nongthombam

1st row standing (L to R): Nishat Nausheen, Aanya Paul Sarkar, Myskina Deka, Deubale Meru, Emidaka Rapsang, Karpi Bam, Tanishka Saraf, Harsita Baral, Amasa D Sangma, Ansala Phurailatpam, Jupitora Das, Shirin Jaiswal, Harshita Das

2nd row standing (L to R): Siddhi Gupta, Srishti Bajaj, Imnalemla Imchen, Sungjemyla Jamir, Ahona Chowdhury, Jenny Welly, Shivangi Puja Barua, Bhuvi Tibrewal, Alphonsa Elishaba Pakyntein, Abhinashni Eon Baruah, Sayashri Basumatary, Abhishree Keshari, Urvee Rathi, Debismita Hazarika

3rd row standing (L to R) : Hana Shanifer Ahmed, Vanshika Sharma, Tannushree Singhania, Jaanvi Bagaria, Sansita Jindal, Lomika Benjamin, Kenyir Apang, Chingloi Angh, Palmu Choden Lama, Soohakani Law, Ishika Periwal, Langlensana Rajkumari, Aadya Ghosh

4th row standing (L to R) : Gengam Dulom, Limeka Hutoi Ayemi, Migam Angu, Mahita Jindal, Priyadarshni Gogoi, Temjemremla Jamir, Adiella Kharkongor



The house motto, “Ever Onward” has always been the guiding force that Bhorolites have lived by down the years. The recent years have shown Bhorolites the true meaning of house spirit. Bhoroli has overcome challenges of every kind and has carried their house to greater heights. Bhoroli has always had a strong foundation with ever growing standards and virtues. Every Bhorolite has left in it a footprint of excellence. Benchmarks will be maintained and elevated by the values imbibed by the upcoming Bhorolites. Bhoroli’s vision is to help the house grow and progress in all fields - art, dance, drama, academics, sports and discipline. Bhoroli has always sought to build an environment with healthy friendships, bonds and a strong and indestructible sense of unity.

### SCHOOL COLOURS:

Naviya Chamariya  
Tanisha Bhadra

### INTER- HOUSE EVENTS:

Inter House Upper School Quiz 1st  
Inter House Lower School Art 1st  
Inter House Upper School English debates 1st  
Inter House Music 1st  
Inter House Clay Modelling 1st  
Inter House Mural 2nd  
Inter House Squash 2nd  
Inter House Badminton 2nd  
Inter House Chess 2nd  
Inter House Dance 2nd  
Inter House Movie Making 2nd  
Inter House Product Design 2nd  
Inter House Lower School English Debates 2nd

### INDIVIDUAL ACHIEVEMENTS:

Prateeti Ghosh: International Cultural Conclave (Duet Semi Classical) 1st prize  
Tanisha Surana: International Cultural Conclave (Duet Semi Classical) 1st prize  
Hiyaneijemmy Das: Telegraph Skillfest 1st Prize  
Myskina Deka: International Cultural Conclave (Solo Sattriya) 1st prize  
Langlensana Rajkumari: International Cultural Conclave (Solo Manipuri) 1st prize  
Harshi Kashyap: IPSC Art and Design (Honourable Mention in Still Life)  
Gengam Dulom: IPSC Art and Design (Promising Young Artists in POP Relief Work)





# KOPILI



Seated (L to R): Tadar Yajum, Astha Jain, Mrs Mampi Das, Ms Kamalica Bhowmick, Ms Jean Melanie Vincent Haymo, Mrs Priyankoo Kashyap Das (Housemistress), Mrs Neeta Hazarika, Dr Hemashree Deka, Ms Pamela Syiemlieh, Fareeha Ambreen (House Captain), Alda Nongmeikapam  
1st row standing (L to R): Mikita Riba, Ruhana Mazumdar, Kashvi Agarwal, Richa Basaiawmoit, Hiya More, Anoushka Singh, Smriti Dhara Kishan, Lungmak Sonam, Remeeya Mithi, Mridulla Guleria, Aatreya Neog, Kanyaka Tamuli, Ruhi Kalita

2nd row standing (L to R): Sulimi A Zhimomi, Sidhi Agarwal, Praveka K Kasera, Visizonuo Rio, Trismita Borah, Denija Changmai, Violina Boruah, Lal Nunhlimi, Mahika Borooah, Prisha Saikia, Diksha Baruah, Stella Irom, Priyanu Kashyap

3rd row standing (L to R): Pema C. Khrome, Angelica Saikia, Julie Elangbam, Manisa Kalita, Ankita Sarkar, Varshaa Rajkumari, Himika Rani Borah, Shrutika Parajuli, Manalisa Narzary

4th Standing Row (L to R): Lairingdi Thaosen, Shreeya Elangbam, Yasasri Tibrewal, Devanshi Deka, Mahiya Khemani, Donensangla Chang, Hemanshi Malik, Anushka Jitani





**K**opili House envisions their lionesses to have courage in the face of adversity and to persevere in all walks of life, to do the impossible and overcome their greatest fears. Nothing less than the motto that itself speaks “to strive, to seek and never give up”. The girls take up all challenges and fight against all odds to seek what they deserve the best and never give up however difficult the path may seem. Anyone would be amazed to see the outstanding potential that the girls hold and even in the oddest of times, the girls never back down from their duties and responsibilities. They closely uphold the values of mutual respect, friendship and belief in what’s right. The House that has truly been one of the houses to define home and for the future years to come, this feeling of warmth and belonging will still remain fresh.

#### **INTER- HOUSE EVENTS:**

Inter House Marathon 1st  
 Inter House Basketball 1st  
 Inter House Hindi Upper School Debates 2nd  
 Inter House CDT 2nd  
 Inter House Chess 1st

#### **INDIVIDUAL ACHIEVEMENTS:**

Anushka Jitani- High Commendation in SJCMUN,  
 Diplomatic Commendation in HMUN  
 Trismita Borah- International Cultural Conclave (Solo Folk Bihu) 1st prize  
 Tadar Yajum: IPSC Art and Design (Promising Young Artists in POP Relief Work)





## SUBANSIRI



Seated (L to R): Silpi Bora, Charmak Bagang, Yashodhara Mahanta, Yangchen Khunjuju (House Captain), Ms Ishita Malhotra, Mrs Debajani S. Bora (Housemistress), Ms Neeta Hazarika, Ms Sarmistha Paul Sarkar, Saifi Raheek, Leiki Choden, Aastha Jatin Bora

1st row standing (L to R): Sungtiben Jamir, Taveine Sha, Krishna Anurag Agarwal, Anukriti Kashyap, Kashish Mahato, Aira Thoudam, Kimase A Sangma, Kasak Ladha, Natasha Billimoria, Siasa Kejriwal, Yakshi Modi, Lavanya Garodia, Yashvi Modi

2nd row standing (L to R): Anvita Dey, Memin Tam, Pratiksha Das, Norzin Lhamu Bhutia, Pragya Narjinary, Shreya Rameka, Pratiti Barua, Baishali Saha, Jovita Oinam, Bhavini Tanwar, Krishti Pathak, Divyana Lahan

3rd row standing (L to R): Anuradha Basumatary, Jahnvi Rathi, Dhrity Khersa, Anya Tayeng

4th row standing (L to R): Jessica Rani, Prapti Prarthona, Purvi Kejriwal, Ssara Jha, Sanchi Lalani, Asis Gill, Priyasha Sarma, Yukta Saikia





Success is anchored on a resolute mindset and approach, and this is what the Suzeknights believe in. They tread towards the fruition of their goals with optimism and determination. The house of Suzeknights reflects and signifies sunshine, vivacity, positivity and most importantly resilience. Leading by example and living up to their motto, “Dare to Excel”, the girls take up every challenge with tenacity and dedication in all spheres of school life.

Yellow, the colour of the house, signifies the positivity emanating from the sylvan campus of The Assam Valley School, which is the muse that inspires the Suzeknights. They are filled with the desire to give their best in everything. They believe that together they will be able to scale any mountain. Subansiri builds women of substance who, from talented young girls become strong women who speak their mind. This is what sets the Subansiri girls apart from the rest.

#### **SCHOOL COLOURS:**

Anushcka Joshi

#### **INTER-HOUSE EVENTS:**

Inter House Movie Making 1st

Inter House Dance 1st

Inter House CDT 1st

Inter House Squash 1st

Inter House Marathons 2nd

Inter House Volleyball 2nd

Inter House Cricket 2nd

#### **INDIVIDUAL ACHIEVEMENTS:**

Anukriti Kashyap: Best Delegate IIMUN

Pratiti Baruah: Special Mention IIMUN





# IN PURSUITS OF





# SPORTING EXCELLENCE













# Archery

No sport is viewed as superior to another at AVS. In archery, there are players of various skill levels having a good time. Like many other sports, archery is a distinctive and appealing sport. Every arrow, every second and every shot must be flawless for the archer to qualify at his level in this patient and focused sport. Instead of engaging in combat with other players in

this sport, the archers engage in combat with themselves.

Inter-House Archery was organised from 2nd to 4th April 2022. A total of twenty six archers participated in the competition. Our new archers performed better than expected. Every match had a nail biting finish. The suspense till the last round of shoot made it interesting and exciting.

*Below are the results of team and individual events.*



## TEAM RESULTS

Sl No	Name	House	Team Position
1	Gaurisha Saikia	Jinari-Manas	1
2	Harsh Vardhan Keyal		
3	Yuvraj Thounaojam		
4	Bariskem Khyriem Pohti		
1	Denija Changmai	Kopili-Dhansiri	2
2	Nihal Agarwal		
3	Atulya Kashyap		
4	Piyush Paul		
1	Baishali Saha	Subansiri-Namdang	3
2	Yashvi Modi		
3	Laditya Keshan		
4	Shuhail Ali Ahmed		
1	Shirin Jaiswal	Bhoroli-Lohit	4
2	Aanavi Ghosh		
3	Gaushikraaj Langthasa		
4	Rudrayan Haloi		

## INDIVIDUAL RESULTS

Sl No	Name	House	Individual Position
1	Nihal Agarwal	Dhansiri	1
2	Gaurisha Saikia	Jinari	2
3	Harsh Vardhan Keyal	Manas	3





Seated (L to R): Shrutika Parajuli, Barsha Goel, Himika Rani Borah, Mr Sanjay Kumar Pathak (Coach), Harshvardhan Keyal (Captain), Calvin Irom, Nihal Agarwal  
1st row standing (L to R): Yashvi Modi, Gaushikraaj Langhasa, Naisha Nandini Gogoi, Yoana Bansal, Vidhi Fogla, Mahi Choudhary, Varsha Rajkumari, Claudia N Marak  
2nd row standing (L to R): Bariskem Khyriem Pohti, Shuhail Ali Ahmed, Baishali Saha, Migam Angu, Yuvraj Thounaojam, Rudrayan Haloi



# Badminton

Under the direction of MIC, Mr. Abhijeet Baruah, badminton as a sport has grown significantly at AVS. The AVS shuttlers are devoted and enthusiastic athletes.

Shuttlers competed in the Inter-House Badminton Championship, where Jinari-Manas won the first place and Bhoroli-Lohit took second place despite

stiff opposition. At AVS, badminton has significantly raised the bar. The Inter-House Badminton Competition was organised from 27th to 29th April' 22. A total of eighty players participated in the competition. The championship was dominated by Jinari-Manas throughout the tournament and have retained the Inter House Badminton title for 2022.

## RESULTS



**1st Position**

Jinari-Manas

42  
Points

**2nd Position**

Bhoroli-Lohit

34  
Points

**3rd Position**

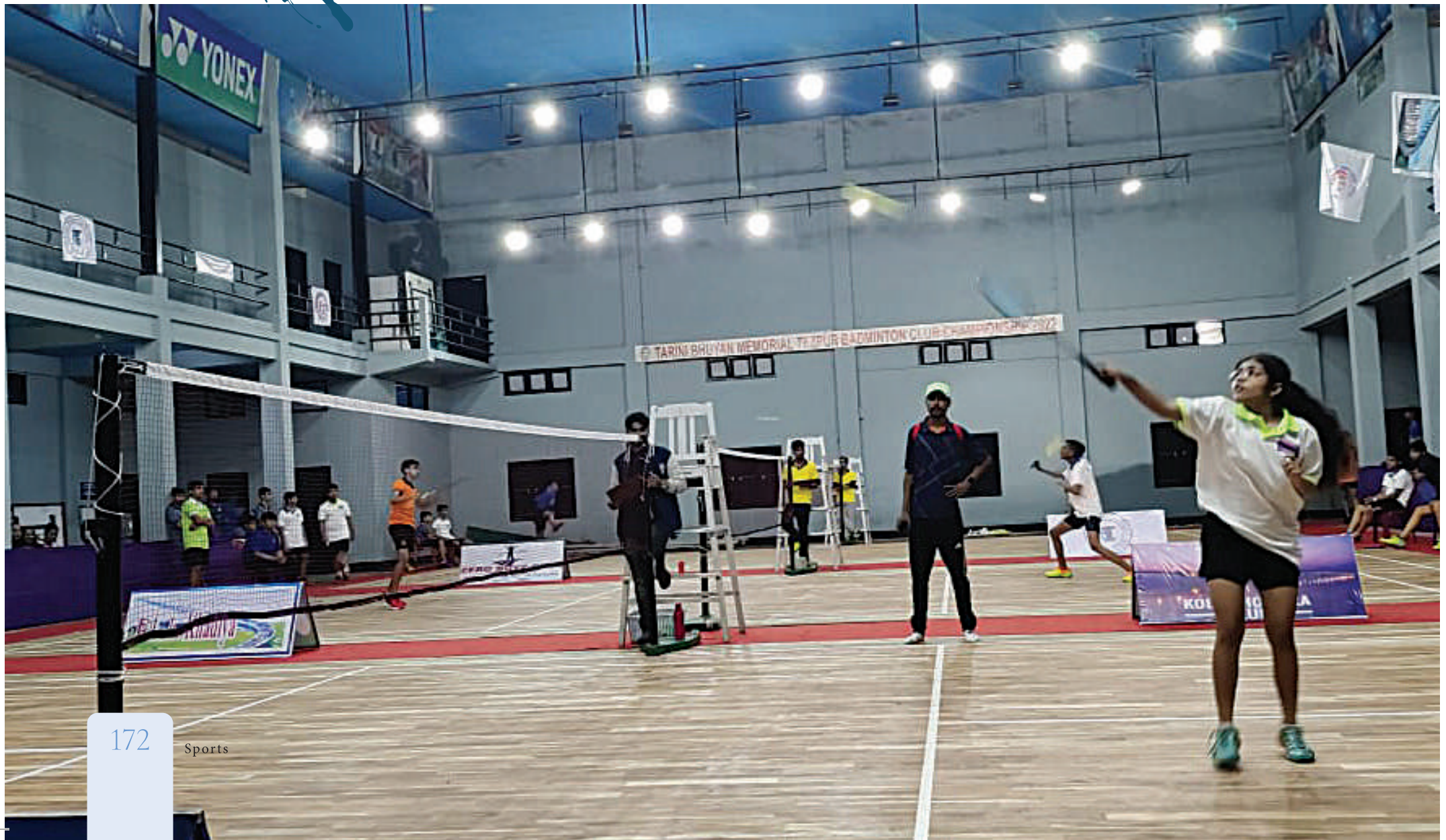
Subansiri-  
Namdang

28  
Points

**4th Position**

Kopili-Dhansiri

16  
Points







## Badminton (Boys)

Seated (L to R): Biida Karbak, Chirag Agarwalla, Parakh Pratim Saikia (Captain), Mr Abhijit Baruah (Coach), Charmak Bagang (Captain), Khyojamo Ezung, Shorya Kanda  
 1st row standing (L to R): Arnichandra Konjengbam, Debangsh Roy, Kapil Dey, Ranuj Duarah, Yuvraj Tibrewal, Angshuraj Deb, Adittya Ghosh, Aagman Paul, Bamang Jumin Bamang, Kritarth Banik

2nd row standing (L to R): Geet Gariash Saikia, Prabhsimrat Singh, Tushar Malik, Vivaan Agarwalla, Taj Taranga Saikia, Kingshukban Das, Archan A Bailung, Arhaan Das, Naman Agarwala, Ivanan Shandilya

3rd row standing (L to R): Vedant Purbi, Adya Rakshit, Archit Phukan, Saksham Sharma, Krishna Tibrewal, Ashmit Phukan, Dhruv Prithani, Suchan Malik, Neil Kashyap

4th row standing (L to R): Mudit Jain, Bishal Agarwalla, Jayvardhan Patwari, Imsor Longkumar, Pratik Kanoi, Rajvir Singh

## Badminton (Girls)



Seated (L to R): Mahita Jindal, Charmak Bagang (Captain), Mr Abhijit Baruah (Coach), Ankita Sarkar

Standing (L to R): Lavanya Adhikari, Sidhi Agarwal, Mahika Borooh, Hemanshi Malik



# Basketball

One of the most popular sports in the world right now is basketball. Many people are addicted to it and they cannot stop wanting to play the game. Basketball requires players to acknowledge their mistakes and flaws.

At AVS, basketball has always played a significant role and as a result, each year the quality of the competition rises. Basketball players are given ample support and opportunity at school.

The beginning of April was filled with enthusiasm and excitement as it was the month for the Inter-House Basketball competition. The competition was organised on a league format from 14 April to 16 April 2022 at the AVS Basketball courts. Eight matches were played by the different Houses. The teams

were supported by students and teachers throughout the tournament and the level of encouragement helped them play with the extra zeal they needed. Each and every team played their match with great sportsmanship and they supported the other Houses as well. However, in the end, only one House can win and given below are the results of the Inter-House Basketball Championship.

The results are as follows:

Manas & Jinari	–	1st Position
Dhansiri & Kopili	–	1st Position
Lohit & Bhoroli	–	2nd Position
Namdang & Subansiri	–	3rd Position

## *IPSC - Basketball Championship - 2022*

The Assam Valley School basketball teams participated in the IPSC basketball championship organised by MNSS Rai, Sonapat. We enrolled two teams for different categories – Under 17 and Under 19.

The Under 17 Basketball championship started on 22 May and concluded on 26 May 2022. They were in Pool A, where they played two matches; the first match was with Mayo college Ajmer and we lost with a close score of 16-17. The second match was with the host school and we were unlucky here as well, again losing with a very close score of 35-65.

The Under 19 Basketball Championship started on 27 May and concluded on

31 May 2022. They were in Pool B, where they had played four matches; the first with PPS, Nabha where we won with a score of 48-36; the second with LKS, Gohtan – we lost this match with a score of 61-78; the third with DPS, RK Puram and here again we the third match with the score at 47-54; the fourth match was lost to Pine Grove with the final score standing at 39-43.

Our school teams played really well but the competitors were experienced and played very well against us. We may not have qualified this time but our coach has the belief that our teams have gained in experience and skills and will definitely do better in the future. He is confident that next year they definitely have a good chance to win the trophy.







## *Basketball (Boys)*

Seated (L to R): Krishnav Kanoria, Saron Nigel Odyuo, Mr Devesh Prajapati, Mr Neeraj Kumar (Coach), Ahamed Daiyan Alam (Captain), Bensolo Seb, Gaurav Beria

1st row standing (L to R): Ryan Dorjee Chingapa, Neel Madhav Garodia, Imchalong Longchari, Adhvik Mittal, Kumghato Chowdhury

2nd row standing (L to R): Arhan Sharma, Kazi Rayhan Agha Rahman, Sahil More, Rompiti Patton, Limhachan Patton, Kapish More, Nokaulong Angh



## *Basketball (Girls)*

Seated (L to R): Charmak Bagang, Mr. Devesh Prajapati, Mr. Neeraj Kumar (Coach), Alda Nongmeikapam (Captain)

Standing(L to R): Shruti Dutta, Deubale Meru, Jyoti Liyak, Hana Shanifer Ahmed, Srishti Bajaj, Aakriti Chaliha



## Cricket

Cricket is one of the most popular sports in AVS and its presence is being tremendously felt across the campus. From hosting staff matches to nationally recognised matches by BCCI, the cricket ground has been voicing out that the sport holds so much more significance than most are willing

to admit. The Inter-House tournaments saw all houses performing with great zeal and enthusiasm and especially the Lower-School category never failed to surprise. We hope cricket at AVS continues to grow and flourish.







### Cricket (U-14)

Seated (L to R): Tanay Pansari, Farhad Mustak, Nisanta Bora, Mr Rajender Chauhan (Coach), Piyush Agarwal, Soham Agarwal, Drishan Jatin Bora

1st row standing (L to R): Rayaan Agarwal, Kushal Thounaojam, Rian Subedi, Sujoy Das, Nivaan Lal Baruah, Kriday Jajodia, Garvit Jaiswal, Karan Somani

2nd row standing (L to R): Siddhant Poddar, Sanchit Ruthia, Harshal Beriwal, Vaibhav Kumar, Ayan Kumar Saha, Arihant Ghorawat



### Cricket (U-19)

Seated (L to R): Rajjyoti Talukdar, Grishm Ghosh, Yajvin Prithany, Mr Rajender Chauhan (Coach), Vinayak Kandoi (Captain), Utkarsh Jajodia, Prithiraj Paul

1st row standing (L to R): Yash Agarwal, Abhinav Agarwal, Krishna Tibrewal, Saanchit Agarwal, Anuran Paul, Tejash Jain, Krishang Choudhary



## AVS Fitness Centre



1st row standing (L to R): Ritesh Baruah, Shivraj Daimary, Tikham Natung, Mr Monjit Roy, Yuvraj Sureka, Dukkir Ete, Ahamed Daiyan Alam, Arman A Imdad  
2nd row standing(L to R): Gaurav Beria, Bishal Medhi, Luvish Sharma, Kushagra Dhelia, Karleen Tok, Jeevesh Agarwal

## Tennis

Tennis is a game which requires speed, stamina and endurance. It is definitely not an easy skill to master; yet there is no lack of talent in AVS. After a period of hiatus, the sport has taken a new direction with the introduction of a new fraternity. The enthusiastic players of the school continue to leave no stone unturned when it comes to being passionate about Tennis. Tennis has been one of the most fruit yielding sports in AVS.



Seated (L to R): Diksha Baruah, Harshi Kashyap, Aryaman Bajaj (Captain), Mr Chandrashekhar Kumar (Coach), Aayush Agarwal, Tanay Saikia, Rajnish Sharma.

1st row standing (L to R): Hemang Agarwal, Richa Basaiawmoit, Kasak Ladha, Raghav Agarwalla, Joyshika Sharma, Jahnvi Sharma, Jivitesh Agarwala, Avantika Jajodia, Tanush Gattani.

2nd row standing (L to R): Jaanvi Bagaria, Mahiya khemani, Dhrity Khersa, Ross Taba, Yakshi Modi, Vidhi Chopra, Aarohi Agarwal, Nayanika Borah, Yasasri Tibrewal, Donensangla Chang

3rd row standing (L to R): Avikam Deori Bharali, Siddhant Singh, Manas Jain, Aryan Agarwal



# Squash

Squash is a sport that requires great skill, stamina and agility. AVS's infrastructure for squash is remarkable and has a long history of highly skilled players emerging from this squash court. This past year has taken this squash at school to a new level. There was tremendous enthusiasm and zeal shown in the inter house Squash organised from 5th June to 8th June 2022 for both Upper and Lower School. This Inter-House brought about a great opportunity for all players from across the houses to participate and even helped us in finding great talent.



Seated (L to R): Kristanu Uzir, Suhani Agarwala, Lavanya Jindal (Captain), Mr Mohommad Aziz (Coach), Shrivansh Agrawal (Captain), Aarnav Dutta, Divanshu Sikaria  
 1st row standing (L to R): Urvashi Bora, Alphonsa Elishaba Pakyntein, Niharika Goswami, Khyaati Borah, Adrika Dey, Benjamin Maxim MacDonald, Ahona Chowdhury, Kritartha Koushik  
 2nd row standing (L to R): Mohak Kejriwal, Himanshu Goenka, Neev Kejriwal, Adhyan Pareek



## Football

The love for football is an obsession in the world, and AVS sees it in the purest way possible. The young players show tremendous dedication. Everyday improving skills are the trademark of the footballers of AVS. Trained by two talented coaches, Mr Biswajit Baglary and Ms Gitali Moran, the aviators learned a lot more about the game and sportsmanship that accompanies it. The intense engagement in the sport makes the players realise the importance of teamwork, leadership and dedication. Footballers in AVS strive to work harder everyday and craft themselves to the best version of themselves.



Seated (L to R): Pema Chhoedron Khriem, Tadar Yajum, Tenzin Peldon Thungon(Captain), Mr Biswajit Baglary(Coach), Gitali Moran(Coach), Leiki Choden, Hemadri Purbi  
 1st row standing (L to R): Sungtiben Jamir, Chesta Nowal, Nazifa Noorine, Leah K Chophi, Anoushka Singh, Raisah Yesmin, Atoliu Jakhalu, Adrika Dey, Kenyir Apang, Selene Epao  
 2nd row standing (L to R): Priyasha Sarma, Debastuti Kashyap, Memin Tam, Bhavini Tanwar, Visizonuo Rio, Jovita Oninam, Prapti Prarthona





Seated (L to R): Shivraj Daimary, Karleen Tok, Ritesh Baruah, Ms Gitali Moran(Coach), Mr Biswajit Baglary(Coach), Tikham Natung (Captain), Dukkir Ete, Hayishan Odyuo  
 1st row standing (L to R): Lizonthung Ezung, Ronit Borah, Rangkam Sonam, Dhananjay Thingujam, Mwnthai Swrang Brahma, Alvert Thockshom, Atova Ahozhe, Gitartha Rabha, Chera Raka, Tayu Natung, Imlinur Jamir  
 2nd row standing (L to R): Woto Z. Wotsa Sema, Eshan Maheshwari, Vikika Khekiye Chopi, Matthias Lamin, Cheansal Agitok Sangma, Uttam Pukhrambam, Arnav Sharma, Nangram Reyin, Kangtum Phassang, Gungming Phassang, Saksham Jain Benjamin, Abhilash Parashar  
 3rd row standing (L to R): Naba Deep Deka, Yangmongse N. Sangtham, Sivadatta Thangjam, Nengker Nobin, Takhe Tamo Haaro, Ritu Deep Deka, Khachun Kailai Ngandam, Sudeepta Gogoi, Angad Kashyap, Deni Puning  
 4rd row standing (L to R): Temjenkar Kichu, Murari Mohan Saha, Alonso Nongthombam, Zayan Abir Hazarika, Varun Seth, Akum Raskam Marak



## Swimming

Swimming is a sport that requires tremendous stamina and willpower to stabilise one's thoughts. It is a life skill that teaches how to keep cool in the head when the feet don't touch the ground. Swimming in AVS has been on a hiatus during the time of Covid pandemic but it has made a serious comeback. More and more students are taking the standards of the sports to new heights. Each swimmer looks forward with skills and determination and with the able coaching of Mr Jayana Borah and Mr Ridip Mahanta we are sure the sport will continue to flourish in the school.



Seated (L to R): Nabajyoti Hazarika, Sujanveer Aatria, Leiki Choden, Mr Ridip Mahanta, Mr Jayanta Borah, Bishal Kumar Dey (Swimming Captain), Grishm Ghosh, Aditya Pradhan

1st row standing (L to R): Mudit Kishan Jain, Tanishk Sharma, Tenzin Dekie, Sayashri Basumatary, Tanveer Alom Chowdhury, Alonso Nongthombam, Arshpreet Dahal

2nd row standing (L to R): Krishna Anurag Agarwal, Remecya Mithi, Eshaan Beria, Prisha Saikia



# Taekwondo

**T**aekwondo is the art of limbs and fists; it is one of the most popular and exciting forms of martial arts today throughout the globe. It is a challenging sport with equal amounts of entertainment in the form of combat sports. There have been a few inter district competitions and the students of the school have brought laurels for themselves and the institution. The Taekwondo team is eager for the comeback after two long years of inability to perform on national and international levels where their true potential lies.

## Sonitpur District Taekwondo Championship 2022

Venue: Tezpur, Assam, Date: 7th and 8th May 2022

### Results at a glance:

#### Kyorugi Participants:

##### Gold:

- |                  |             |                          |
|------------------|-------------|--------------------------|
| 1. Eeksha Saikia | Cadet Girls | Weight Category- U-33 kg |
| 2. Saurav Manta  | Cadet Boys  | Weight Category- U-57 kg |

- |                    |              |                           |
|--------------------|--------------|---------------------------|
| 3. Kanyanka Tamuli | Junior Girls | Weight Category- U-74 kg. |
|--------------------|--------------|---------------------------|

##### Silver:

- |                             |             |                           |
|-----------------------------|-------------|---------------------------|
| 1. Suvechha Borah           | Cadet Girls | Weight Category- U-37 kg. |
| 2. Tanishk Sharma           | Junior Boys | Weight Category- U-67 kg. |
| 3. Bhabarnab P. N. Sendilya | Junior Boys | Weight Category- U-73 Kg. |

##### Bronze:

- |                     |                  |                           |
|---------------------|------------------|---------------------------|
| 1. Nilav Prajapati  | Sub-Junior Boys  | Weight Category- U-49 kg. |
| 2. Pradanya Kashyap | Sub-Junior Girls | Weight Category- U-38 kg. |
| 3. Piyush Paul      | Junior Boys      | Weight Category- U-59 kg. |
| 4. Rishob Ghosh     | Junior Boys      | Weight Category- U-65 kg. |
| 5. Baibhav Sharma   | Senior Boys      | Weight Category- U-63 kg. |

#### Poomsae Participants:

Bhabarnab Pran Nath Sendilya (Gold)



#### Sitting (L to R):

Rishab Ghosh, Priyanu Kashyap,  
Chinmoy Tamuli, Baibhav Sharma (Captain),  
Bhabarnab Pran Nath Sandilya, Piyush Paul

#### 1st row standing (L to R):

Anushka Jitani, Monsum Chutia, Dweepanceeta  
Nath, Eeksha Saikia,  
Kanyaka Tamuli, Saurav Manta,  
Tanishk Sharma

#### 2nd row standing (L to R):

Suvechha Borah, Pradanya Kashyap,  
Neelav Prajapati



## Table Tennis

Table tennis is a sport that requires intense focus and precision, not to mention agility and quick decision making. The aviators are very keen on improving their skills and the recent Inter-house competitions show their passion towards table tennis.

Inter-House Table Tennis was organised from 09th May to 13th May 2022 for both Upper and Lower School. For Lower School, there were two categories; Singles and Doubles. For Upper School there were three categories - Singles, Doubles and Mixed Doubles.



1st

Jinari-  
Manas

2nd

Subansiri-  
Namdang

3rd

Kopili-  
Dhansiri

4th

Bhoroli-  
Lohit



Seated (L to R): Kristanu Uzir, Luvish Sharma, Leiki Choden, Mr Monjit Roy (Coach), Yuvraj Bhuyan (Captain), Krishnav Kanoria, Laksh Gupta  
1st row standing (L to R): Shavya Lamsal Shreshtha, Siddharth Kumar Gupta, Saanchit Agarwal, Khushi Todi, Palden Dondup Sona, Tanushree Hazarika, Naisha Baruah, Daksh Jain, Dwij Dhakal



# Volleyball

The Assam Valley School organised an Inter-House Volleyball Championship on a league format from 1 May to 4 May 2022 at the AVS volleyball courts. The teams were supported by students and teachers throughout the tournament and the level of encouragement helped them to play with the extra passion they needed. Each and every team played their match with

great sportsmanship and they supported the other Houses as well.

Sl	House Name	Point	Result
1	Jinari-Manas	20	1st Position
2	Subansiri-Namdang	12	2nd Position
3	Kopili-Dhansiri and Bhoroli-Lohit	08	3rd Position



## Volleyball (Girls)

Seated (L-R): Tenzin Peldon Thungon, Gengam Dulom, Leiki Choden, Ms Jean Melanie Vincent Haymo (Coach), Pema Chhoedron Khriem (Captain), Tadar Yajum, Anya Tayeng

1st row standing (L to R): Asis Gill, Stella Irom, Sayashri Basumatary, Sungtiben Jamir, Pragya Narjinary, Prisha Saikia, Shreeya Elangbam, Jessica Rani

2nd row standing (L to R): Shruti Dutta, Lairingdi Thaosen, Jyoti Liyak, Yangchen Khunjuju.



## Volleyball (Boys)

Seated (L to R): Aditya Pradhan, Nokaulong Angh, Subha Paul (Captain), Ms Jean Melanie Vincent Haymo (Coach), Mr Ridip Mahanta (Coach), Keshav Bhati, Kushagra Dhelia, Grishm Ghosh

1st row standing (L to R): Arshpreet Dahal, Debangnan Nath, Kemo Dulom, Kaustav Dutta, Bishal Kumar Dey, Nuklasen Aier, Samarth Mahatta, Aditya Alexander Kholi, Biida Karbak.

2nd row standing (L to R): Krishnav Kanoria, Kalzang Ongchuk Bhutia, Thsachili Sangtham, Rangdou Jeremiah Houmai, Prameya Saha



## Riding



Kneeling (L to R): Jezreel Glow, Pezavi Rio, Purab Deka, Junet Sonar, Chera Jermin, Chello Jangkam  
Seated (L to R): Mebaman Kharlyngdoh, Karan Ngatey Gam, Abhitej Singh Gill, Yuvraj Sureka, Mr Jalam Singh (Coach), Arman A Imdad (Captain),  
Divyaj Agarwal, Anikaith Anant Joshi, Violina Boruah  
1st row standing (L to R): Eshaan Beria, Nandika Dutta, Dikshita Sharma, Shristi Dhara Kishan, Ashlee Mutum, Agastya Jaju, Niraan Adi,  
Bhumshri Basumatary, Atreya Joy Das, Amania Agitok Sangma, Mirianna Baiahun Lamin, Dibakar Singha, Priyam Das  
3rd row standing (L to R): Mainow Goyary, Rozlin Fiza Amin, Prayaash Khakholia, Chello Mwji, Mridulla Guleria, Kasturi Parasar, Aanya Gupta, Akriti Kanoi, Shreyaa Jain



# Inter House Marathons

## 23rd INTER-HOUSE MARATHONS

The 23rd Inter-House Marathon was organised on 10th April 2022 at the pavilion. The campus came alive with the sunrise as the event started at 7:00 in the morning. All showed enthusiasm and zeal to clinch the marathon trophy. Students completed the different courses of 2, 3,4,5 and 6 kilometres around the campus. Our very own alumnus Durlav Beria (whose marathon record still stands unbroken) graced the event with his presence as Chief Guest. He was accompanied by his wife Pronamee Barua (also an alumnus) and their little son. Below are the final results of the event.







Group	Jinari-Manas	Bhoroli-Lohit	Kopili-Dhansiri	Subansiri-Namdang
Senior Boys	2	1	4	3
Senior Girls	2	3	4	1
Intermediate Boys	1	3	4	2
Intermediate Girls	1	2	3	4
Junior Boys	3	2	4	1
Junior Girls	4	1	2	3
Sub - Junior Boys	1	2	4	3
Sub - Junior Girls	1	3	4	2
Total	15	17	29	19

## FINAL POSITIONS

- 1st** Kopili-Dhansiri
- 2nd** Subansiri-Namdang
- 3rd** Bhoroli-Lohit
- 4th** Jinari-Manas





SUNNYSIDE





## Nursery



Seated(L to R): Himshikha Bhuyan, Aarav Bhagat, Mrs Mitali Ghosh, Rihan Karmakar, Bornil Akash Borkotoki

Standing(L to R): Athene Hazarika, Zoravar Singh, Chiranjib Ghosh, Madonna Bajrai, Ravija Dhawan, Nimrat Kaur



## L.K.G

Seated (L to R): Bibek Gowala, Evelyn Nakshatra Roy, Upangshu Pandey, Miss Lopa Biswas, Pratiksha Devi, Atharva Gautam, Kabir Kahyap.

Standing(L to R): Vihaan Singh, Bornil Akash Borah, Pranjita Sobor, Ayushman Goutam, Trishani Barui, Ayesha Kashyap, Prakshi Sawra, Ishika Devi, Shahroz Sabir Ansari, Amaya Agarwal.



## UKG

Seated(L to R): Mivaan Baruah, Khushi Barman, Prisha Baranwal, Mrs Pinky Devi, Arpita Kashyap, Ankita Muchahary, Reyansh Gautam

Standing(L to R): Shanaya Giri, Mihirditta Gogoi, Sanjucta Kashyap, Aarya Ghemud, Krishanu Das, Abneer Gogoi, Surajit Sharma, Arihan Sen Deka, Tisha Chauhan, Urvil Singh, Anay Singh



## Class I

Seated (L to R): Maahi Melgode, Manyata Kashyap, Ved Kumar Singh, Ms Ruppel Shukla, Sanaya Kanodia, Tejeshwarjot Singh, Aadrit Otha

1st row standing(L to R): Apurv Rudr Barooah, Novel Chetty, Eeshani Mech, Abdhija Baishya, Aarika Das, Aakriti Rai, Fazeen Abbasi, Salnang Wangmo, Tinku Katakai, Irawal Singh

2nd row standing(L to R): Anshit Chaudhary, Nishant Saikia, Saanvi Nayar, Bidyanarab Kashyap, Javin Kashyap, Mayuresh Tibrewal, Manvendra Singh, Harshita Aggarwal





## Class II



Seated (L to R): Winona Bajrai, Shradha Kharb, Edurina Bhuria, Dr. Shakti Kaushik, Gauri Goswami, Prabhasini Pradhan, Trinity Lakshmi Das.

1st Row Standing (L to R): Anaanya Chhawehharia, Viraaj Singh, Nitsa Shukla, Abhinav Upadhyay, Prache Paul, Keeratveer Singh Hanspal, Suhaani Bagaria, Myra Mehta, Astmavrinda Parmar

2nd row standing (L to R): Reedhan Mazumder, Samar Dhawan, Shiven Bagaria, Kian Kavish Devri Bharali, Prahlad Krishnan Nair, Lavnik Das, Dakshneel Das, Dipankar Singha, Gurfateh Singh, Janvi Sharma

## CLASS III



Seated (L to R): Prisha Kanodia, Navya Chauhan, Shaurya Harshad More, Debanita Biswas Das, Sawai Singh, Kairavi Rai, Riona Buragohain

1st Row Standing (L to R): Agrim Srivastava, Prithvi Menon, Manya Sharma, Yadani Agarwala, Adhiraj

Jugran, Aaradhya Dixit, Kavyanshi Dash, Mriganav Sen Deka, Dhruv Chandra

2nd Row Standing (L to R): Priyal Sahu, Aiyana Baruah, Prachurjya Sen Deka, Shubham Boro, Aahaan Bothra, Samridhi Singh, Anshita Chaudhury



## Class IV

Seated(L to R): Nandini Agarwal, Aaradhya Eon Baruah,  
Madhusmita Roy, Mrs Hina Nousheen, Aliyya Shifa Ansari,  
Alok Koch, Aadya Rathore.

1st Row Standing(L to R): Vaishnavi Punia, Aarya Aurabh,  
Naman Tibrewal, Siddhant Chhetri,  
Arihant Neog, Tathagat Tamang, Shivansh Singh,  
Shreyash, K. Sai, Jaswitha.

2nd Row Standing(L to R): Navon Avi Hazarika,  
Konkona Roy, Arpit Yadav, Samarth Singh,  
Ranntegh Singh, Drasheel Kalita, Upasana Rana,  
Saanvi Joshi.



## Utility Workers





## Sunnyside Teaching Staff



Seated(L to R): Ramakant Kumar Baitha, Simalisha Baruah, Rubina Rikhye, Joyce MacDonald, Sapna Chauhan,  
Durba Goswami, Monjit Roy

Standing(L to R): Ripple Shukla, Mitali Ghosh, Lopa Biswas, Hina Nousheen, Pinky Devi, Debanita Biswas Das,  
Shakti Kaushik



## The things we did...

### *Leveret House Assembly*

*(Mrs. Pinky Devi, Mr Ramakant K Baitha and Mrs. Hina Nousheen)*

“Learning to walk sets you free. Learning to dance gives you the greatest freedom of all; to express yourself to be the person you are.” 29th April, 2022 was celebrated as International Dance Day across the globe marking the birth of Jean George Noverre- the creator of Modern Ballet. Leveret House conducted an assembly on this day at AVS Sunnyside to enlighten the students about the importance of this day. The assembly started with a prayer remembering The Almighty and seeking His blessings which was followed by the thought of the day. The students of Leveret House then shed some light on the role of the Dance Committee of the International Theatre Institute in encouraging dance through various activities which are conducted on this day. The numerous benefits of bringing dance to our daily routine were shared. The various forms of International and Indian dance were also explained. The assembly ended with the headlines of the day and a beautiful fusion dance presentation promoting different varieties and benefits of dance. The presentation began with a dance - Heal the World, to spread a positive environment followed by a blend of yoga, dance and music. The next presentation was a glimpse of some very basic steps of ballet executed by pre-primary and primary students



## Sunnyside

**AVS Sunnyside is situated within the heart of nature. A child is often greeted by the enthusiastic call of a brain-fever bird or the song of a Koel which reverberates through the surrounding landscape. The environment begins to shape their minds. Rabindranath Tagore wrote appropriately “The best environment for a school is for it to be in the midst of nature.” AVS Sunnyside encompasses children’s activities. It captures all the creativity and encourages participation from students.**



# VINTAGE ACCESSORIES

The event, Vintage Accessories offered an opportunity for the students to celebrate the cultural and natural heritage all over the world. It raised awareness about the diversity of cultural and natural heritage and the efforts that are required to protect and conserve that heritage. We had activities for students like colouring and slogan / poster making on the conservation of the natural and cultural heritage of India with special reference to Assam. The children presented their views on the conservation of the country's heritage through their slogans and posters very profoundly.

*Mrs. Debanita Biswas*



## Celebrating Mother's Day

We might not often have the time to express our emotions for our mothers but we must take some time out from our busy lives to say thank you to our mothers. The students made a card for them. The heartfelt and sweet messages were sure to make her heart soar with love and gratitude.

## Rabindranath Jayanti

A special assembly was conducted by the students of Joey House on 9th May 2022 to celebrate the birth anniversary of the noteworthy poet, author, painter, philosopher and short story writer, Rabindranath Tagore. Rabindranath Tagore was a multifaceted personality who was on the intellectual firmament of the globe and gave us our National Anthem. The assembly commenced with a prayer to the Almighty to shower abundant blessings on us. It was followed by quotations and recitation of poems by Rabindranath Tagore highlighting his work and

qualities. The tiny tots of Joey House performed an enchanting dance performance which filled the audience with great enthusiasm. The students also presented a famous Bengali song "Jodi tor Daak Shune Keu Na Ashe".



*~ Mrs Debanita Biswas and Ms Lopa Biswas*



## *I Can Eat a Rainbow*

*'Eat Healthy to Stay Healthy'*



Life today is not like it was earlier. A long time ago people ate healthy food that was really safe and good for their wellness. We are now living in an age of fast food - McDonalds, KFC and Starbucks where they only serve junk food. Our youth get attracted to this unhealthy cuisine. We all know that junk food is unhealthy and with little nutritional value. We at AVS Sunnyside strive to inculcate healthy eating habits in students. We encourage them to eat a balanced diet and avoid junk food. These healthy eating habits will affect their physical, emotional and mental growth and development even in their adult years. Keeping this in mind AVS Sunnyside organised a 'I Can Eat a Rainbow' event on Tuesday, 10th of May, 2022 during school hours. Children prepared some healthy salads and enjoyed the experience.

*- Mrs Shabana Ansari*

## *Mathematics Bee Competition*



Mathematics has a special role in education as a consequence of its universal applicability. To improve the analytical and problem-solving skills of students, AVS Sunnyside had organised a Maths Bee competition for Class 4 students. The first round was a written round and was held on 12th May 2022. The best five students were shortlisted for the final round which was conducted on 17th May 2022. The final round was an oral round and questions were asked from the topics of addition, subtraction, multiplication, division, number systems and measurements. The critical thinking and problem-solving skills of the students were developed by problems on the wide applicability of mathematics in daily lives. The students showed their preparedness and excitement by their outstanding performances. The winners were rewarded and appreciated. It was a learning experience and a great opportunity for all the students to sharpen their maths skills.

*- Mrs Hina Nousheen*

## *Season with Reason*

The event commenced on Thursday 19th of May, 2022. It lasted for three days. On the first day of the event, we did a number of activities. We had a lot of discussions, enjoyed a PPT and a video. The students were then explained the importance of a nutritious diet. They then went around the school on an adventure looking for insects and bugs and identifying them.

On the second day, we went for a nature walk to observe the Flora and Fauna during summer season with the respective class teachers. There were activities on compare and contrast, poster making and we did a writeup on 'Summer'. We also made a word wall, did some colouring and craft work on Science and Social Science with the English Teachers. Then came the sports activities which were filled with fun races for pre-primary and obstacle races for primary students.

On the third and last day, we had a fashion show called "A Look in the Closet" which was related to the summer season, done House-wise. Lastly, we had lemonade and fruit cream with summer fruits. The event was successful and each and every one of us thoroughly enjoyed it, taking with us a lifetime of memories.





## Sensory Week

Sensory activities are amazing and help the child learn and develop a greater understanding of the world by using their five senses. From birth through to early childhood, children use their senses to explore and try to make sense of the world around them. This leads to a child's ability to complete more complex learning tasks and supports cognitive growth, language development, gross motor skills, social interaction and problem solving skills. AVS Sunnyside had organised Sensory Week for the students of Class Nursery to UKG. The students experienced the exposure to the five different sense organs through various activities.



- Ms Lopa Biswas, Dr Shakti Kaushik, Mrs Chiranjita Deka Bora and Mrs Debanita Biswas

## Character Enactment



Acting is not about being famous; it is about exploring the human soul. The Character Enactment event was organised for classes 3 and 4 on Friday, 20th May, 22. The children portrayed various roles like Robin, Capt. America, Rocky, Iron Man, Spider Man, Harry Potter, Rajesh Khanna, and Pennywise. The students tried to imitate the dialogues and style of the characters as they brought them alive.

- Mrs Ruppel Shukla

## Hand Hygiene Day



*"Hand hygiene is two-third of our health"*

Students of Cygnet House conducted an assembly on the topic 'Hand Hygiene Day' on 23rd May 2022. The assembly started with a prayer and speech on Hand Hygiene. Thereafter a demonstration on 'How to wash our hands' was given. Students of the pre-primary section performed an English and a Hindi action song. To make the assembly a fun-filled experience, a dance was performed. Students of the primary section recited an English and a Hindi poem. To bring awareness about the world, 'Today's News' and 'Thought of the Day' were shared with the students. A lecture and a PPT on "Health and Hygiene" were given by Dr Dimple Baruah, our RMO, which was quite enriching and knowledgeable for students. The programme ended with a song and a dance performance by the students. At last, students took a pledge to maintain hand hygiene.

- Mrs Ruppel and Dr.Shakti Kaushik



## AVS Sunnyside Football League

The objective was to promote sportsmanship among the students and most importantly to have fun, to engage in competitive activities, while promoting sound health, safety, and physical fitness.

Football League – 26th May, 22 for classes 3 and 4

Football League – 27th May, 22 for classes 1 and 2



~ Mr Monjit Roy

## Guess My Number

Mental Maths is a group of skills that allows people to do maths 'In Their Head' without using pencil, paper or a calculator. One of these skills is remembering Maths facts, other skills include guessing numbers and estimating calculations.

Keeping this in mind AVS Sunnyside had organised a 'Guess My Number' activity for Class 3 on 30th May, 2022. The activity was engaging, interactive and fun and checked the student's mental ability, problem solving and logical reasoning skills. This activity is an excellent event as it helps them to start thinking more about numbers and their properties. Students participated with a lot of enthusiasm showcasing their potential. The event helped the students in identifying their capabilities and motivated them to learn and expand their knowledge. It enhanced the inquisitiveness of the students thereby building confidence, mental prowess, and learning at the same time. This also provided the participants a platform to enhance their passion for Maths through an enjoyable and brainstorming session.

~ Mrs Shabana Ansari

## Human Body Parts Role Play



Learning is more effective when it is an active rather than a passive process. AVS Sunnyside organised a Human Body Organs Role Play activity for Class 3 students on 2nd June 2022. Understanding the organs is the key to understanding the intricate workings of the human body. In this learning activity, the students assumed the roles of human body organs. They enacted and mentioned the location and structure of the organ. They also stated why that organ is important for the body to function well. Props were used for the performance. The time duration for each student was one minute. The activity motivated the students to learn about organ function and improved the communication and critical thinking skills.

~ Mrs Hina Nousheen

## World Milk Day



Milk is an important part of a child's diet due to its nutrient content to help develop healthy bones and maintain a healthy weight. Keeping in mind the benefits of milk, AVS Sunnyside celebrated World Milk Day on 1st June, 2022, which helped to create awareness about the benefits of milk and to motivate the students to keep milk as a part of their diet.



## World Environment Day

Young students can and do bring a big difference to the world in which we live. Students of Nursery to Class 4 of Fawn House displayed their passion and drive for Environmental protection through a special assembly conducted on World Environment Day. Students highlighted the importance of taking care of our environment through a song, dance, facts, sharing the benefit of using the 3 R's and a poem. The dance portrayed a conversation between humans and planet earth. It shared the message that earth is in pain due to the deeds of humans who have turned from need to greed, thereby spoiling the earth and causing her pain. The presentation on 3 R's reflected how 3 R's can be adopted in our daily lives. The assembly ended with a pledge and a thought-provoking poem.

~ Mrs Chiranjita Deka Bora and Mrs Shabana Ansari



## Hindi and Assamese Elocution



AVS Sunnyside conducted Hindi and Assamese Elocution for LKG, UKG and Class 1. The art of public speaking is the art of giving power to words to influence, inspire and transform lives as it was done at the Hindi and Assamese Elocution at AVS Sunnyside on Saturday, 04, June, 2022. This is an annual event. Events like these allow the students to connect with the audience and also understand the concepts of voice modulation.

~ Mrs Durba Goswami and Mr Ramakant Kumar Baitha

## World Ocean Day



World Ocean Day was celebrated at AVS Sunnyside on 7th June, 2022. It is observed to make people aware of the ocean and its resources in order to promote ocean and environmental conservation. The students enjoyed their swimming classes which were organised for classes 1 to 4.

~ Mrs Rubina Rikhye and Mr Sapna Chauhan