AVE East India Times

Special Issue 186 | The Nineteenth East India Times | Monday, July 14th, 2025

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MORNING SESSION

"THIS HOUSE REGRETS THE RISE OF SELF DIAGNOSING MENTAL HEALTH CONDITIONS."

The Shri Ram School, New Delhi
(GOVERNMENT)
VS
Sunbeam English School, Varanasi
(OPPOSITION)

- Aastha Potsangbam, IX

On July 14, 2025, an intense debate took place at the AVR. The proposition argued that mental health requires professional diagnosis and that social media is normalising these issues, preventing proper treatment. The opposition countered that social media increases awareness, helping people recognise symptoms and seek a diagnosis. They added that societal taboos around mental illness are now decreasing. The arguments kept the audience entertained.

Winner - Sunbeam English School, Varanasi
Leader of the OPPOSITION: Govind Keshari
Deputy Leader of the OPPOSITION: Aayushman Malviya
Whip of the OPPOSITION: Manyu Singhal
Result - The Motion was lost

Royal Global School
(GOVERNMENT)
VS
St. George's College, Mussoorie
(OPPOSITION)

- Shabahat Sabir Ansari, X

The debate between the Royal Global School, Guwahati and St. George's College, Mussoorie, was hugely entertaining. The opposition argued that social media empowers self-identity and provides an affordable alternative for those unable to access expensive therapy. On the other hand, the Government highlighted the dangers of self-diagnosis, emphasising how it spreads misinformation about complex mental health conditions and negatively impacts society, ending with the powerful question, "What is awareness if there is no accuracy?"

Winner - St. George's College, Mussoorie
Leader of the OPPOSITION: Bhavik Gupta
Deputy Leader of the OPPOSITION: Rodas Bhatia
Whip of the OPPOSITION: Felix Kurian
Result - The Motion was lost

Assam Valley School (Team Red)
(GOVERNMENT)
VS
St. Francis De Sales, Guwahati
(OPPOSITION)

- Timzenla Ozukum, XI

The heated debate between AVS RED and St. Francis De Sales addressed the controversial topic of self-diagnosing mental health issues. The government (AVS RED) strongly opposed self-diagnosis, arguing that it undermines mental health professionals and may worsen conditions through the Rosenthal effect. The opposition (St. Francis De Sales) countered with compelling points, stating that self-diagnosis acts as mental first aid and that not everyone has access to professional care. Both teams presented well-reasoned arguments, shedding light on the complexity of this increasingly relevant issue.

Winner - Assam Valley School (Team Red)
Prime Minister of the GOVERNMENT: Natasha Billimoria
Deputy Prime Minister of the GOVERNMENT: Aliden Jahzara Ovung
Whip of the GOVERNMENT: Zaheen Rafia Shah
Result - The Motion was passed.

Assam Valley School (Team Blue)
(GOVERNMENT)
VS
Vandya International School, Guwahati
(OPPOSITION)

- Carlynda Lyngdoh, XII

The 3rd PFQ round between AVS (Team Blue) and Vandhya International School was held in the TIHU common room. The debate featured insightful arguments, with the Government asserting that over-pathologizing normal experiences and self-diagnosis can have harmful consequences. The DPM noted, "Delayed professional help arises from the belief that they know what they are going through." The Opposition countered that self-diagnosis encourages early intervention, allowing individuals to take charge of their mental health and access needed support. Though the debate was intense, the Government's arguments ultimately prevailed, and the motion was carried through.

Winner - Assam Valley School (Team Blue)
Prime Minister of the GOVERNMENT: Karan Somani
Deputy Prime Minister of the GOVERNMENT: Agnivh Bora
Whip of the GOVERNMENT: Anushree Singh
Result - The Motion was passed.

Vasant Valley School, New Delhi
(GOVERNMENT)
VS
Hollotoli School, Dimapur
(OPPOSITION)

- Jentina Yaomei Shangkhu, XII

A compelling debate unfolded in the AVR between Vasant Valley School (Government/Proposition) and Hollotoli School (Opposition). The Government, Vasant Valley School, passionately argued that self-diagnosing is a dangerous trend that could escalate to self-prescribing drugs, citing TikTok's influence on this phenomenon. Conversely, the Opposition, Hollotoli School, contended that self-diagnosing is not a replacement for professional mental healthcare but rather an initial step in seeking help. They declared, "We want people to start somewhere, therefore we don't regret" and attributed the prevalence of self-diagnosis to inadequate tools and poor literacy. The primary clash of the debate revolved around whether self-help delays or facilitates access to actual professional assistance. The motion was ultimately lost, and the Opposition stood vindicated.

Winner - Hollotoli School, Dimapur
Leader of the OPPOSITION: Shisalang Jamir
Deputy Leader of the OPPOSITION: Arkum
Whip of the OPPOSITION: Toshinungla Imchen
Result - The Motion was lost

Bishop Cotton School, Shimla
(GOVERNMENT)
VS
Sanskriti The Gurukul, Guwahati
(OPPOSITION)

- Vibe Zhimomi, XII

The 3rd PFQ round between AVS (Team Blue) and Vandhya International School took place in the TIHU common room. The debate featured compelling arguments. The Government contended that over-pathologising normal experiences and self-diagnosis can be harmful. The DPM remarked, "Delayed professional help arises from the belief that they know what they are going through." The Opposition argued that self-diagnosis promotes early intervention and empowers individuals to seek support. Despite the intensity, the Government's case prevailed, and the motion was carried.

Winner - Bishop Cotton School, Shimla
Prime Minister of the GOVERNMENT: Rajveer Kochhar
Deputy Prime Minister of the GOVERNMENT: Aarav Wadaskar
Whip of the GOVERNMENT: Dev Moon Jhanji
Result - The motion was passed

Delhi Public School, Guwahati
(GOVERNMENT)
VS
Maria's Public School, Guwahati
(OPPOSITION)

- Tanveer Ahmed, Associate Editor, XII

The Government opened strongly, asserting, "Self-diagnosis is a transitional theory." However, the Opposition held firm, highlighting how individuals from economically weaker sections often lack access to proper healthcare, relying solely on self-diagnosis. The debate largely centered around the concept of the "echo chamber" and its impact on mental health. Both teams remained deeply engaged throughout, supporting their stances with solid facts and well-structured arguments, making for a compelling and thought-provoking exchange.

Winner - Maria's Public School
Leader of the OPPOSITION: Riyanraj Bhagawati
Deputy Leader of the OPPOSITION: Sampreet D Malakar
Whip of the OPPOSITION: Nirvan Saikia
Result - The Motion was lost .

QUARTER FINALS

"THIS HOUSE BELIEVES THAT VENTURE CAPITAL IN DEVELOPING COUNTRIES SHOULD PRIORITISE START-UPS THAT CREATE SKILLED EMPLOYMENT OVER THOSE THAT SCALE USING LOW SKILLED GIG WORKERS "

Sunbeam English School, Varanasi
(GOVERNMENT)
VS
The Shri Ram School, New Delhi
(OPPOSITION)

- Carlynda Lyngdoh, XII

The Quarterfinal showdown between Sunbeam School and Shri Ram School was intense. As the Government, Sunbeam argued that prioritising skilled workers boosts socio-economic growth and national development. Shri Ram, representing the Opposition, contended that focusing on lower economic classes would help developing countries grow significantly. Both teams presented strong arguments, engaging the audience throughout. However, the motion was ultimately defeated, securing the win for Shri Ram School.

Winner - The Shri Ram School, New Delhi
Leader of the OPPOSITION: Aryan Gupta
Deputy Leader of the OPPOSITION: Mryaah Sadani
Whip of the OPPOSITION: Ranvir Singh
Result - The Motion was lost

Bishop Cotton School, Shimla
(GOVERNMENT)
VS
Maria's Public School
(OPPOSITION)

- Tanveer Ahmed, Associate Editor, XII

The debate began strongly, with both sides clearly explaining the motion. The Government argued that "Developing countries need skilled workers to gain the status of developed." However, the Opposition countered with compelling points, emphasising sustainability and unemployment. The debate remained engaging and intense, keeping the audience captivated as both teams presented heated arguments. Ultimately, the Opposition triumphed as the motion was defeated.

Winner - Maria's Public School
Leader of the OPPOSITION: Riyanraj Bhagawati
Deputy Leader of the OPPOSITION: Sampreet D Malakar
Whip of the OPPOSITION: Nirvan Saikia
Result - The Motion was lost

After a long and decisive battle, the debate concluded with St. George's School (Opposition) emerging victorious. The Government argued that low-end gig workers are unreliable and that skilled workers are essential for national development and increased revenue. The Opposition countered that without gig jobs, low-end workers would struggle to support themselves and their families. Despite the compelling points from both sides, the Government's arguments proved stronger, leading to their win.

Winner - St. George's College, Mussoorie
Leader of the OPPOSITION: Bhavik Gupta
Deputy Leader of the OPPOSITION: Rodas Bhatia
Whip of the OPPOSITION: Felix Kurian
Result - The Motion was lost.

Royal Global School, Guwahati
(GOVERNMENT)
VS
St. George's College, Mussoorie
(OPPOSITION)

- Vibe Zhimomi XII

Assam Valley School (Team Red)
(GOVERNMENT)
VS
Hollotoli School, Dimapur
(OPPOSITION)

- Jentina Yaomei Shangkhu, XII

The Quarter Finals took place in the Tihu common room between The Assam Valley School (Government) and Hollotoli School (Opposition). The Government argued that low-scale gig workers faced stagnant pay, proposing instead that startups offer better job opportunities and security. They stated, "We want developing countries to be developed countries." In response, the Opposition highlighted the immediate employment provided by low-scale gigs, using China's mass production as an example. The central argument revolved around the feasibility of prioritising 'quality over quantity' in job creation within developing countries. The motion was ultimately passed, with the Government emerging victorious.

Winner - Assam Valley School (Team Red)
Prime Minister of the GOVERNMENT: Neilgin Ryan Das
Deputy Prime Minister of the GOVERNMENT: Aliden Jahzhara Ovung
Whip of the GOVERNMENT: Zaheen Rafia Shah
Result - The Motion was passed.

GLIMPSES OF
East India Debates

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Design & Layout: Angie
Photography Credits: Hardik Poddar, Naisha Nandini Gogoi
Mistress-in-Charge: Ms. Sarmistha Paul Sarkar
Publisher: The Assam Valley School, P.O. Balipara, Dist. Sonitpur, Asom-784101, India
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Telephone: 09678074320/08812009627 Website: www.assamvalleyschool.com
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