



CAREERS DEPARTMENT NEWSLETTER

THE NEXT STEP

GREAT GUIDANCE FOR A GREAT FUTURE

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CONTENTS



PAGE 01

EDITOR'S NOTE

PAGE 02
**THE INDIAN
ARMED FORCES**

PAGE 04
**ELIGIBILITY
CRITERIA**

PAGE 08
**NATIONAL DEFENCE
ACADEMY**

PAGE 09
**ELIGIBILITY
CRITERIA**

PAGE 11
**BENEFITS OF
JOINING THE ARMY**

PAGE 12
NEWS UPDATE

EDITOR'S NOTE

Dear Readers,

We are excited to share the latest edition of 'The Next Step' Careers newsletter, Volume 4, Twenty-fifth Edition. This issue focuses on careers in the armed forces. It includes information on how to join the Army, the eligibility criteria, and details about the National Defence Academy along with the benefits of serving the nation. We hope this issue will inspire those interested in joining the Indian Army and help them in their journey towards this career.

As always, your feedback is crucial to us. If you have suggestions for future topics or ideas you'd like us to cover, we encourage you to write to us at careers@assamvalleyschool.com. Your input ensures we continue to deliver valuable and relevant content for our readers.

Sincerely,
Carlynda Lyngdoh

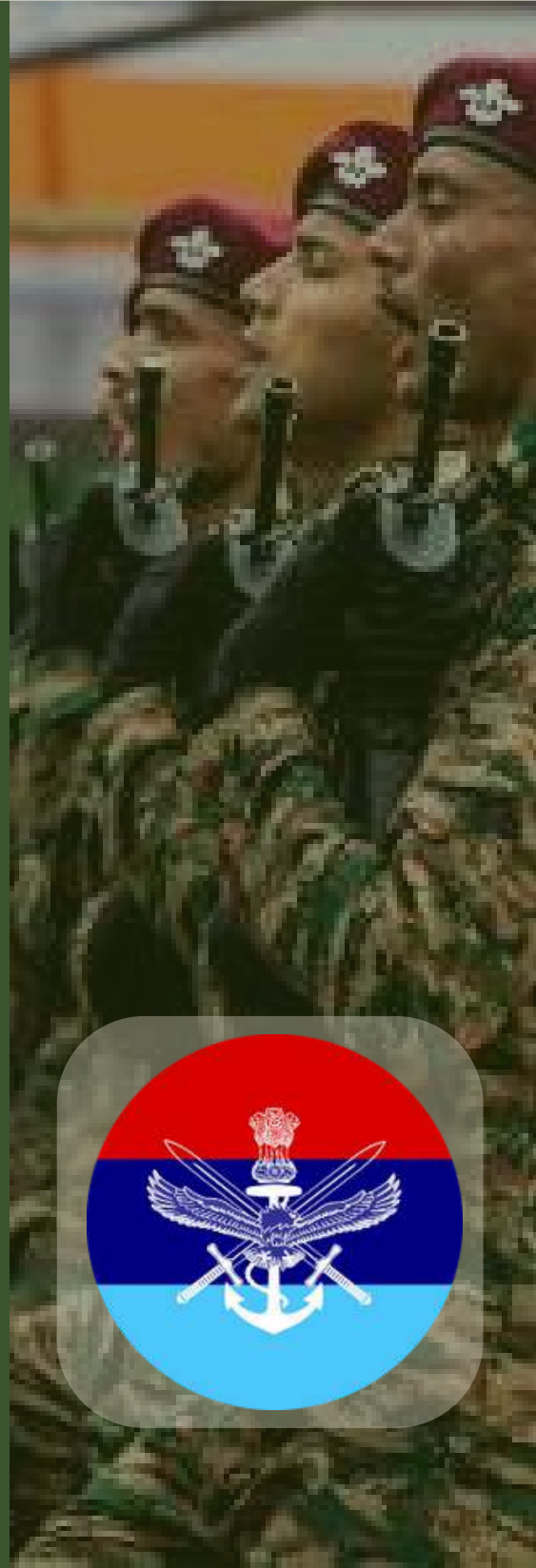
THE INDIAN ARMED FORCES (IAF)

The Indian Armed Forces comprise the military of the Republic of India, a powerful force dedicated to national security and defence. A career in defence forces promises one of the most prestigious and respected positions in the country. Youngsters who aspire to choose a career of excitement, adventure, and challenges can find no better place than the defence force to meet all their professional expectations.

**“SEWA PARAMO DHARMA”
(SERVICE BEFORE SELF)**

One of the main reasons why one should join the Indian Army is that it allows individuals to contribute directly to national defense and security of the motherland. Beyond that, the Army offers a unique blend of leadership development, teamwork, and discipline, fostering personal growth and a sense of purpose. From combat missions in icy heights to maritime patrol and air dominance, life is full of action and enthusiasm in the armed forces. It is not a 9-to-5 desk job; it is a life where every day is unexpected, exciting, and meaningful. One of the most practical reasons to become a member of the armed forces is the excellent job security it provides. With a fixed salary, regular wage increases, pensions and other benefits in the long term, it is one of the most stable careers in India.

Today, the Indian Armed Forces provide equal opportunities for both men and women. Women now serve in fighter roles, including flying fighter jets and commanding battalions. This inclusive environment promotes equality, merit-based promotion, and the development of a fair career, making it a strong alternative for all candidates. Joining the Indian armed forces is not just a profession – this is a calling. It’s about protecting your country, becoming the best version of yourself, and leading a life that inspires others. From adventure and respect to job security and development, the cause is endless.



The Indian Armed Forces are the military forces of India which comprising four professional uniformed services:

THE INDIAN ARMY



INDIAN NAVY



INDIAN AIR FORCE



INDIAN COAST GUARD



ELIGIBILITY CRITERIA

Eligibility criteria for joining the Indian Armed Forces differ based on the branch and entry scheme, involving specific requirements related to age, educational qualifications, nationality, and physical fitness. These standards ensure that only candidates who meet rigorous academic, medical, and physical benchmarks—including tests for endurance, strength, and agility—are selected to serve in the Army,

EDUCATION CRITERIA

Note: Upper Age limit will be relaxable up to 30 yrs of age (as on date of joining training) in respect of widows of Defence personnel who have died in harness.

Category	Education	Age
Soldier Nursing Assistant (Army Medical Corps)	10+2/Intermediate Exam pass in Science with Physics, Chemistry, Biology and English with min 50% marks in aggregate and min 40% in each subject.	17 ½ – 23 Years
Soldier Nursing Assistant Veterinary (Remount Veterinary Corps)	10+2 / Intermediate exam pass in Science with Physics, Chemistry, Biology and English with Min 50% marks in aggregate and minimum 40% in each subject.	17 ½ – 23 Yrs
Survey Automated Cartographer (Engineers)	BA / B Sc with Maths. Must have also passed 12th class (10+2) or equivalent with Maths and Science as main subjects.	20–25 Yrs
Junior Commissioned Officer Catering (Army Service Corps)	10+2 or equivalent exam and Diploma / Certificate Course of a duration of one year or more in Cookery / Hotel Management and Catering Tech from a recognized University / Food Craft Institute. AICTE recognition is not mandatory.	21–27 Yrs
Havildar Education(Army Education Corps)	Group X – MA/M Sc/MCA or BA/B Sc/BCA/B Sc (IT) with BEEd.Group Y – B Sc / BA / BCA / B Sc (IT) (w/o B Ed)	20–25 Yrs

Junior Commissioned Officer Religious Teacher (All Arms)

The minimum educational qualification for appointment to this special list of Junior Commissioned Officers (Religious Teacher) will be a **Graduate in any discipline from a recognized university**. In addition, candidate must possess following qualification according to the religious denomination of the individual

- Pandit and Pandit (Gorkha) for Gorkha Regiment. Hindu candidates with Acharya in Sanskrit (OR) Shastri in Sanskrit with one-year diploma in 'Karam Kand'.
- Granthi. Sikh candidates with 'Gyani' in Punjab
- Maulvi and Maulvi (Shia) for Ladakh Scouts. Muslim candidates with Maulvi Alim in Arabic or Adib Alim in Urdu.
- Padre. Any person who has been ordained priesthood by the appropriate ecclesiastical authority and is still on the approved list of the local Bishop.
- Bodh Monk (Mahayana). Any person who has been ordained Monk/Buddhist Priest, by the Appropriate Authority. The term Appropriate Authority will mean Head Priest of the Monastery where the person has been initiated into priesthood. The head priest should be in possession of Geshe (PhD) of Khampa or Lopen or Rabjam with proper certificates from Monastery.

Note:- The above mandatory education qualifications should be acquired by individuals from recognized universities. All the above eligibility criteria are common for **In-service and Civil Candidates**.

Junior
Commissioned Officer
Religious
Teacher (All
Arms)

PHYSICAL CRITERIA

The physical criteria for joining the Army differ by region, with specific standards set for each area. For comprehensive details, please refer to the following link:

<https://joinindianarmy.nic.in/eligibility-criteria.htm#tab-2>

MEDICAL STANDARDS

A candidate should have a robust physique and good mental health.

Chest should be well developed having a minimum 5 cm expansion.

Should have normal hearing with each ear and good binocular vision in both eyes. He should be able to read 6/6 in a distant vision chart with each eye. Colour vision should be CP - III (able to recognize white, red and green signal colors correctly as shown by Martin's Lantern at 1.5 metres).

Should have a sufficient number of natural healthy gum and teeth i.e. minimum 14 dental points.

Should not have diseases like deformity of bones, hydrocele and varicocele or piles.

Soldier General Duty for infantry should have 6/6 eye sight.

NATIONAL DEFENCE ACADEMY



National Defence Academy (NDA) stands as one of the most esteemed institutions in India, representing the epitome of dedication, honor, and excellence in military training. Located in Khadakwasla near Pune, Maharashtra, the NDA is a premier joint training institute for the Indian Army, Navy, and Air Force. Since its establishment in 1954, it has been the training ground for many leaders and heroes who have served the nation with valor.

ELEGIBILITY CRITERIA

The eligibility criteria for joining the National Defence Academy (NDA) are designed to ensure candidates possess the necessary academic background, physical fitness, and age requirements for a successful military career. These standards help select motivated and capable individuals ready to take on the challenges of officer training in the Indian Armed Forces.

FOR MEN

Eligibility Criteria	
Age	16 ½ to 19 ½ yrs as on first day of the month in which the course is due to commence
Qualification	12th Class of 10+2 System of Education of Equivalent for Army and with Physics and Maths for AF/Navy
Marital Status	Unmarried
How to Apply	Apply Online on UPSC Website as per dates given in the Notification in the months of June and Dec.
Likely SSB Date	Sep to Oct for Jan Course and Jan to Apr for Jul Course
Date Commencement of Training	Jan and Jul
Training Academy	NDA , Khadakwasla, Pune
Duration of Training	3 Yrs at NDA and 1 Yr at IMA

FOR WOMEN

Eligibility Criteria	
Age	16 ½ to 19½ yrs as on first day of the month in which the course is due to commence
Qualification	12th Class of 10+2 System of Education of Equivalent for Army and with Physics and Maths for AF/Navy
Marital Status	Unmarried
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BENEFITS OF JOINING THE INDIAN ARMED FORCES

There are many benefits in joining the Indian Army. Listed below are some factors that attract individuals to pursue a career in this esteemed institution.

- **Attractive Salary and Allowances:** Indian Army personnel receive competitive salaries, with pay scales that increase with rank and years of service. In addition to basic pay, they are entitled to a range of allowances such as Dearness Allowance (DA), Military Service Pay (MSP), House Rent Allowance (HRA), and special area allowances for serving in difficult or high-altitude regions. These financial benefits ensure a stable and rewarding career, with the potential for significant earnings as one progresses.
- **Comprehensive Medical Care:** Members of the Indian Army and their families have access to free or highly subsidized medical facilities. This includes treatment at military hospitals and clinics, ensuring comprehensive healthcare coverage for both serving personnel and their dependents.
- **Education and Training:** The Indian Army provides subsidized or free education for the children of its personnel through various army schools and welfare schemes. Additionally, there are extensive opportunities for professional training and skill development, both for personal growth and career advancement within the armed forces.
- **Housing and Canteen Facilities:** Personnel are offered spacious accommodation or a generous HRA if government quarters are not available. They also have access to subsidized goods through the Canteen Stores Department (CSD), which provides essential items at lower prices, enhancing the quality of life for army families.

These benefits collectively make a career in the Indian Army both attractive and supportive for personnel and their families.

UPDATE



TRANSFORMATIVE MILESTONE IN NDA'S NATION-BUILDING LEGACY: FIRST-EVER BATCH OF 17 FEMALE CADETS PASS OUT FROM NDA AFTER COMPLETING 148TH COURSE – SPRING TERM 2025



National Defence Academy (NDA) witnessed a momentous occasion on May 30, 2025 as the first-ever batch of 17 female cadets was among the 336 cadets who passed out of the academy, marking the culmination of 148th Course – Spring Term 2025. A total of 1,341 cadets, including 336 from the passing out course, participated in the Passing Out Parade (POP) at the iconic Khetarpal Parade Ground in Khadakwasla, Maharashtra on May 30, 2025. Gracing the occasion as the reviewing Officer was the Governor of Mizoram General (Dr) VK Singh (Retd).

THE CAREERS TEAM

DR. AMIT JUGRAN

Patron, Headmaster of The Assam Valley School

DR. KULJEET SINGH

Deputy Head- Academics

MR. DEVESH PRAJAPATI

Head of Careers

MS. PAMELA SYIEMLIEH

SAT, IELTS, Humanities Counsellor

MS. DAYITA B. DATTA

International Admission Counsellor

DR. ALPANA DEY

Science and Technology Counsellor

MS. SAGARIKA DUTTA

General Counsellor

DR. NAVODITA PANDE

General Counsellor

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FRONT COVER

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