





SPORTS

SPORTS captain

The years I spent in AVS were some of the best in my life. Through these years I have learned and experienced so much that I will not be able to write them down in words. Regardless, I would like this opportunity to thank all my teachers and friends for teaching me countless lessons and always pushing a troublesome boy like me to be better. The journey from being a naive little boy to gradually finding my way around and becoming the sports captain of this glorious school has been in itself a great experience.

From getting punishments as a batch to teaching notorious juniors about the consequences of their actions and making friends somewhere along the way is what according to me, boarding school life is all about

To all those budding juniors and upcoming stars of this school I would like to say - as clichéd as it may sound, hard work and believing in oneself is the key to everything. Believing in yourself, giving your all and surpassing your limits to achieve your goals and desires is what guarantees success. But you need to practice it through the tiniest of things like waking up on time for morning conditioning and getting back to the house on time.

Lastly, AVS, even with its spectacular infrastructure and ever ready staff, is more than just an institution. It is a place that holds countless memories and experiences of both sadness and joy. AVS has given me moments to be proud of and hold my head up high and deep lessons to learn from and improve upon that will stick with me for the rest of my life. I could not have been more grateful about having been able to grow up in a place like AVS. The usual pattern of filling empty voids with new faces is archetypal to almost every school, but what is unique about AVS is that despite the hubbub, the spirit treads strong-for it will always live on.

Nengker Nobin





SPORTS

captain

At AVS sports was like a thrilling rollercoaster ride with friends who were just as excited about every game as I was!

My time at AVS was an incredible experience! From the very start, I was drawn to the sports fields, where every game felt like a new adventure. Whether it was playing football or basketball, I loved every moment—the excitement, the cheers, and even the friendly competition.

Becoming the Sports Captain was the best part. I got to lead my team, come up with game plans, and be part of something truly special. The inter-house tournaments were the highlight, with everyone giving their all and enjoying the thrill of the competition.

AVS wasn't just a school for me; it was a place where I found joy every day. I made amazing friends, learned important lessons, and had a ton of fun along the way. Those years were some of the best in my life, filled with excitement, laughter, and unforgettable moments.

Looking back, I realize how much AVS shaped who I am today. The lessons I learned on the sports field—teamwork, leadership, and resilience—have stayed with me and continue to guide me in everything I do. AVS wasn't just about academics; it was about discovering passions, building lifelong friendships, and enjoying every moment of the journey. Those years will always hold a special place in my heart, and I'll forever cherish the memories I made there.

Jovita
Oinam

INTER-HOUSE MARCH PAST AND ATHLETICS 2023

March Past and Athletics are integral to the sporting tradition at The Assam Valley School, exemplifying discipline, unity, and a competitive spirit.

March Past, a ceremonial parade, showcases precision and coordination as the students march in unison, reflecting meticulous training and teamwork. It symbolises respect and discipline, adding a touch of elegance to school events.

Athletics highlights individual prowess and perseverance. It celebrates endurance, speed, and strength, inspiring students to push their limits and achieve excellence while upholding sportsmanship.

At The Assam Valley School, March Past and Athletics together embody the rich legacy of a sporting culture, fostering a spirit of solidarity and excellence among students.

On the 12th of December 2023, the sports department of The Assam Valley School proudly hosted the much-anticipated Inter-House March Past and Athletics event. With 350 enthusiastic students participating, the event was a spectacular showcase of athletic prowess and school spirit. This year, the Athletics performances were particularly commendable, as six new records were set after a long hiatus.

Athletics Results:

1st Position: Jinari/Manas **points: 968**

2nd Position: Bhoroli/Lohit **points: 949**

3rd Position: Kopili/Dhansiri **points: 925.5**

4th Position: Subansiri/Namdang **points: 871.5**





THE BEST ATHLETES OF THE EVENT WERE AS FOLLOWS:

Sl. No	Students Name	House	Group
1	Chello Jangkam	Bhoroli	Sub-Junior Girls
2	Darsheel Kalita	Manas	Sub-Junior Boys
3	Chello Mwji	Bhoroli	Junior Girls
4	Mrinmay Kalita	Dhansiri	Junior Boys
5	Nang Myinthy Manchey	Jinari	Intermediate Girls
6	Ashmit Phukan	Manas	Intermediate Boys
7	Siddhi Gupta	Jinari	Senior Girls
8	Uddipta Baruah	Manas	Senior Boys

March Past Results:

1st Position:
Subansiri/Namdang, points: 241

2nd Position:
Bhoroli/Lohit, points: 240

3rd Position:
Kopili/Dhansiri, points: 234

4th Position:
Jinari/Manas, points: 229



ARCHERY

CAPTAINS
Suryanandini Sarma
Yuvraj Thounaojam



Left to Right

Sitting : Himanshu Khatuwala, Nuklasen Aier, Yuvraj Thounaojam, Mr. Sanjay Kr. Pathak, Suryanandini Sarma, Bariskhem Pohti, Tanveer Chowdhury

First Row : Mahi Choudhary, Kimeri Patton, Yoana Bansal, Lendimen, Medanshisha Kharkongor, Hannah Lyngna, Zisel Sangma, Hansika Agarwal, Zoya Kharchandy

Second Row : Sabrin Hussain, Sotile Seb, Naisha Gogoi, Lilovi Sema, Shivangi Kashyap, Kuvutoli Zhimomi

Archery at The Assam Valley School embodies the precision, focus, and discipline integral to this ancient sport. In the tranquil and expansive grounds of our institution, students have the opportunity to engage with archery, honing their skills under the guidance of expert coaches. Archery at AVS continues to thrive, with our students achieving remarkable success at prestigious competitions. Their dedication and the school's robust archery programme have yielded impressive results which are as follows:

IPSC Archery (October 2023):

Naisha Nandini Gogoi:

- 1st in 30 metres category (Under 17)
- 1st in 40 metres category (Under 17)
- 1st OVERALL in Girls Under 17 archery category

Suryanandini Sarma:

- 3rd in 30 metres category (Under 17)
- 2nd in 40 metres category (Under 17)
- 3rd OVERALL in Girls Under 17 archery category

Hansika Agarwal:

- 2nd in 20 metres category (Under 14)

Gaurisha Saikia:

- Participated

School Games Federation of India (SGFI) (December 2023):

- Naisha Nandini Gogoi: Overall rank under 100
- Suryanandini Sarma: Overall rank under 100
- Hansika Agarwal: Overall rank under 100
- Gaurisha Saikia: Overall rank under 100

Inter House Archery (May 4, 2024):**Individual Category**

- 1st: Yuvraj Thounaojam
- 2nd: Suryanandini Sarma
- 3rd: Piyush Paul

Overall House Position:

- 1st: Subansiri, Namdang
- 2nd: Jinari, Manas
- 3rd: Bhoroli, Lohit
- 4th: Dhansiri, Kopili

The Assam Valley School remains steadfast in its support for archery, fostering an environment where young archers can excel and continue to bring honour to the school.



BADMINTON

CAPTAINS
Krishna Tibrewal
Manonta Kalita

The Assam Valley School has always been at the forefront of nurturing sporting talent, and the year 2023 was no exception. Our students have shown remarkable dedication and skill, representing the school and the state in various prestigious badminton tournaments across the country. Their achievements reflect their hard work, the guidance of their coaches, and the support of the school community.



Left to Right

Kneeling down : Rithwik Tripathi, Pulkit Todi, Denzeel Welly

Sitting : Tushar Malik, Sameep Jain, Manonta Kalita, Mr. Abhijit Baruah, Krishna Tibrewal, Geet Saikia, Harsh Bajaj

First Row : Ringu Larbu, Tanisha Yesmin, Zerayah Syiem, Carlynda Lyngdoh, Myskina Deka, Pragyan Baruah, Meshan Jyrwa, Tonmoy Baruah, Pradorshita Chetia, Mayoto Raikhan, Tanzill Mir

Second Row : Aryan Chetri, Tsering Choegyal, Jessica Priyam, Adrija Gogoi, Twesha Agarwal, Urvee Rathi, Tanisha Pegu, Toyi Bui, Bhumika Ranjan, Nivisha Malik, Mrinmoyee Dey, Gaushikaraaj Langthasa

Third Row : Dev Roy, Hridansh Todi, Anant Sharma, Hritvi Bagaria, Srestree Paul, Aatreyye Neog, Arhaan Das, Anubrat Basak, Darsheel Kalita, Varneet Modi, Churchill Namojjam, Brijit Debbarma

Fourth Row : Aninda Raj Konwar Borah, Archit Phukan, Saksham Sharma, Ashmit Phukan, Imsor Longkumar, Anubhav Kalita



IPSC (Indian Public Schools' Conference) Badminton Tournament 2023:

- Held at Pinegrove School from 26th to 29th September 2023.
- A team of 13 students participated.
- Hemanshi Malik, Manonta Kalita, Lavanya Garodia, and Akansha Bhuyan won bronze in the team event.

School Games Federation of India (SGFI):

- Held from 12th to 16th December 2023.
- Manonta Kalita secured a top 8 position in both team and individual events.

National Ranking Tournament:

- Held from 4th to 8th October 2023 at Itanagar, Arunachal Pradesh.
- Assam team included under-13 players Darsheel Kalita, Pragyan Baruah, and Tonmoy Raj Baruah.

Club Championship of Badminton (Tezpur District Sports Association):

- Conducted on 3rd and 4th February 2024.
- Exclusive to registered clubs within the district, with 39 students from our school participating.

Achievements:

- **Manonta Kalita:** Bronze in the Open Category Singles and Doubles.
- **Tanisa Pegu & Twesha Agarwal:** Bronze in the Junior Girls' Doubles.
- **Adrija Sneha Gogoi & Aarini Muklani:** Bronze in the Junior Girls' Doubles.
- **Tanmoy Raj Baruah & Darsheel Kalita:** Bronze in the Junior Boys' Doubles.

BASKETBALL

CAPTAINS

Shruti Dutta, Theja Rio

Basketball, a sport that combines physical prowess, strategic thinking, and teamwork, has always been a celebrated activity within AVS. Our students have shown exceptional dedication and skill, participating in various inter-house and external competitions. These events serve as a platform for our students to exhibit their talent and sportsmanship, bringing laurels to the school.



Inter-House Basketball 2024-25

Our inter-house basketball tournament for the academic year 2024-25 witnessed thrilling matches and outstanding performances. The results were as follows:

- **1st Position:** Bhoroli-Lohit&Subansiri-Namdang
- **2nd Position:** Jinari-Manas
- **3rd Position:** Kopili-Dhansari

Most Valuable Player

- **Lower School Girls:** AtoliuJakhalu (Subansiri)
- **Lower School Boys:** TayuNatung (Namdang)
- **Upper School Boys:** Shruti Dutta (Jinari)

Highest Scorer

- **Upper School Girls:** AtoliuJakhalu (Subansiri)
- **Upper School Boys:** Theja Rio (Lohit)

Special Match

- **12s vs. Rest:** The Rest won.



Left to Right

Sitting : Nonika Meitram, Khumreingam Ramungnao, Theja Rio, Mr. Rajiv Doimary, Mr. Kunal Gupta, Shruti Dutta, Rinie Taipodia

First Row : Tamchi Kanam, Nang Myinthy, Noah Tech, Gabriel Lyngwa, Enzeelya Mynsong, Shristi Kishan, Avnee Bajaj, Iasa Sangma, Aakriti Chaliha, Ashcharya Gupta, Suzana Jamal, Hrishikesh Deka

Second Row : Keshav Khatuwala, Jyoti Liyak, Atoliu Jakhalu, Krish Kanda, Jhalak Todi, Nazifa Noorine, Anasta Zia, Lomitoli Jakhalu, Thokchom Neala

Third Row : Dagba Angu, Piyush Goduka, Prithvi Baid, Abhiraksh Saroha, Henryk Welly, Navya Chauhan, Pragyan Choudhury, Kunal Agarwal, Chenmai Chang, Henba Nameirakpam

Fourth Row : Devansh Gupta, Rompiti Patton, Nuhang Chamling, Aviraj Basumatary, Nathan, Sharma



IPSC BASKETBALL TEAM

Left to Right

Sitting : Nathan Sharma, Khumreingam Ramungnao, Theja Rio, Mr. Kunal Gupta, Mr. Rajiv Doimary, Kunal Agarwal, Rompiti Patton

First Row : Devansh Gupta, Henba Nameirakpam, Nuhang Chamling, Piyush Goduka, Abhiraksh Saroha, Chenmai Chang, Kagam Tech, Aviraj Basumatary

CRICKET

CAPTAIN *Rajjyoti Talukdar*

Cricket at The Assam Valley School has witnessed a series of remarkable achievements in the session 2024-25, showcasing the talent and dedication of our young cricketers. Our participation in prestigious tournaments and the success in Inter-House and friendly matches highlight the school's commitment to excellence in this celebrated sport.

Indian Public Schools' Conference (IPSC) Cricket (October 2024):

- **Quarter Finals Qualification:** The school team advanced to the quarterfinals defeating DPS, RK Puram, The Emerald Heights International School, Indore and BK Birla Centre for Education, Pune.

Inter House Cricket 2024-2025:

- **1st Place:** Lohit House
- **2nd Place:** Dhansiri House
- **3rd Place:** Namdang House
- **4th Place:** Manas House
- **Best Batsman:** Yash Agarwal with 110 runs in 3 matches
- **Best Bowler:** Kunal Agarwal with 7 wickets in 3 matches

Alumni vs. The School Cricket Team (March 18, 2024):

- **Venue:** AVS Cricket Ground
 - **Match Highlights:** The school team scored 207 runs for the loss of 3 wickets in 20 overs and defeated Alumni team 157 runs.
 - **Man of the Match:** Rajjyoti Talukdar
 - **Best Batter:** Yash Agarwal
 - **Best Bowler:** Rajjyoti Talukdar
 - **Best Fielder:** Neelav Jyoti Bayan (Alumni team)
- These accomplishments underscore the prowess and resilience of our cricket team, reflecting the school's dedication to fostering sportsmanship, teamwork, and excellence. AVS remains a nurturing ground for future cricket stars, instilling in them a passion for the game and the values essential for success both on and off the field.

District Selection:

- Anuran Paul, Class 12 (Sonitpur District)
- Nisanta Bora, Class 10 (Nagaon District)
- Piyush Agarwal, Class 10 (Kaliabor District)

- Farhad Mustak, Class 10 (Mangaldai District)
- Tanay Pansari, Class 10 (Hojai District)
- Arihant Ghorawat, Class 10 (Dhubri District)
- Harshil Beriwal, Class 10 (Kaliabor District)
- Ayan Saha, Class 10 (Mangalai District)
- Sujoy Das, Class 9 (Kaliabor District)

Selection in the State Trials (Assam):

- **Ayan Saha, Class 10:** (Mangaldai District). Ayan was the most successful bowler and got 8 wickets in two innings against Dhemaji District.
- **Harshil Beriwal, Class 10:** (Kaliabor). Harshil scored 53 runs in the first inning and 33 runs in the second innings

Selection in the Ranji Team (Meghalaya):

- **Roshan Warbah (ISC 2008):** Meghalaya Cricket Association

CRICKET UNDER 19 TEAM



Left to Right – Sitting: Saanchit Agarwal, Krishna Tibrewal, Anuran Paul, Rajjyoti Talukdar, Krishang Choudhary, Yash Agarwal
First Row: Krishna Agarwal, Soham Agarwal, Tanay Pansari, Nisanta Bora, Vaibhav Kumar, Garvit Jaiswal, Ayan Saha
Second Row: Darsh Kejriwal, Harshil Beriwal, Farhad Mustak

CRICKET UNDER 17 TEAM



Left to Right

Sitting : Vaibhav Kumar, Harshil Beriwal, Nisanta Bora, Mr. Rajender Chauhan, Tanay Pansari, Farhad Mustak, Ayan Saha

First Row : Swetanshu Kumar Bharadwaj, Rayaan Agarwal, Dhairya, Sujoy Das, Vedant Bajaj, Kriday Jajodia, Pranit Nahata, Garvit Jaiswal, Sanchit Ruthia

CRICKET UNDER 14 TEAM



Left to Right

Sitting: Mohit Routh, Abhinab Sarkar, Kanishk Rathi, Mr. Rajender Chauhan, Adheesh Mittal, Varun Baheti, Baibhav Dutta

First Row: Chinbiaksang Dousel, Shivansh Dhanuka, Ranvijay Singh, Nivaan Subedi, Bedanga Bora, Ritwik Agarwal, Pratham Bajaj, Sujoy Shil

EQUESTRIAN

CAPTAINS *Anikaith Anant Joshi* *Violina Boruah*

Equestrian sports, with its rich history and challenging disciplines, offers a unique combination of athleticism, strategy, and partnership between rider and horse. The sport not only tests the physical abilities of both horse and rider but also their mutual trust and communication.

This year, the students of The Assam Valley School had the opportunity to showcase their prowess in this esteemed sport through participation in several prestigious events.



Left to Right

Sitting: Priyam Das, Abhigyan Sarkar, Anikaith Anant Joshi, Mr. Philip Basumatary, Violina Boruah, Astarebeni Choudhury, Mebaman Kharlyngdoh

First Row: Niraan Adi, Agastya Jaju, Atreya Das, Dibakar Singha, Rudrakshi Bharadwaj, Chello Jangkam, Shannia Riddi, Purab Deka

Dream Alliance (10th & 11th November)

The Dream Alliance event saw 12 participants from AVS competing with great zeal and skill. Among them, Debakar Singha achieved remarkable success:

- **Gold in the Children's Category-1 Jumping:** Debakar Singha astride Thunderbolt
- **Silver in the Children's Category-1 Jumping:** Debakar Singha astride Maharana

4th Assam State Equestrian Championships 2024 (30th March to 2nd April 2024)

Hosted at The Assam Valley School by the Equestrian Federation of Assam (EFA), the 4th Assam State Equestrian Championship was a significant event for the students of AVS. This championship not only allowed the young riders to refine their skills but also to gain deeper insights into equestrian sports. The event brought together participants from esteemed institutions such as AVS, EFA, Assam Police, and Colonels Club, fostering a spirit of camaraderie and mutual respect among riders from diverse backgrounds.

The championship results were outstanding, with team AVS securing medals across all categories. The notable achievements include:

- **The OP Malhotra Cup for Best Rider in the Open Category:** Nummier Ahmed (AVS Alumnus and ex-Riding Captain of AVS Riding School, representing EFA)
- **The Sandune Cup for Best Rider in Junior Category:** Anikaith Anant Joshi (current Riding Captain, representing AVS)
- **The Midnight Cup for Best Rider in Children's Category:** Shannia Riddhi (representing AVS)

Overall, the AVS team won an impressive total of 35 medals: 12 Gold, 12 Silver, 11 Bronze



SCHOOL EQUESTRIAN TEAM

Left to Right

Sitting: Priyam Das, Abhigyan Roy Sarkar, Anikaith Anant Joshi, Mr. Philip Basumatary, Violina Boruah, Astarebeni Choudhury, Dibakar Singha

First Row: Chello Jangkam, Mandaroibha Jyrwa, Agastya Jaju, Aghaka Sema, Aariyan Das, Mayank Shah, Abhiraman Dutta, Purab Deka, Zavino Nakhro, Shannia Riddi

Second Row: Jentina Shangkhu, Chanchubeni Kikon, Mirianna Lamin, Atreya Das, Niraan Adi, Rudrakshi Bharadwaj, Abigail Kharkongor, Adya Rakshit, Medanshisha Kharkongor

Third Row: Gurnav Singh, Ekansh Jindal, Ashfak Ahmed